

# 2019 VCU Student Health Grand Rounds - 9/27/2019

#### Provided by VCU Student health

**Speaker:** DAMIEN HOWELL

**Topic:** VCU student health grand rounds are held on Friday mornings and provide continuing education for the providers at VCU student health.

Objective(s): 1 1. Given list of 15 common gait deviations describe in detail the following 3 gait deviations: too long a stride; excessive stance phase contralateral pelvic drop; and a loud foot strike

- 2 2. Given a list of 15 common musculoskeletal pain syndromes and thier associated gait deviations for each of the pain syndromes use patella femoral arthralgia pain syndrome as an example of how to initiate a gait analysis process for musculoskeletal pain syndromes.
- 3 3. Given a patient with musculoskeletal pain syndrome identify and demonstrate key tactics and techniques of gait analysis including at least the following: conducting analysis while patient has symptoms and/or gait deviations; two views; exposure of key body landmarks; and use of smart phone video slow motion video technology

Location: 1300 W. Broad st suite 2200

Faculty Disclosures:

DAMIEN HOWELL (Nothing to disclose)

**Download Handout** 

#### Purpose or Objectives: At the conclusion of this activity, the participant will be able to:

- 1 1. Given list of 15 common gait deviations describe in detail the following 3 gait deviations: too long a stride; excessive stance phase contralateral pelvic drop; and a loud foot strike
- 2 2. Given a list of 15 common musculoskeletal pain syndromes and thier associated gait deviations for each of the pain syndromes use patella femoral arthralgia pain syndrome as an example of how to initiate a gait analysis process for musculoskeletal pain syndromes.
- 3 3. Given a patient with musculoskeletal pain syndrome identify and demonstrate key tactics and techniques of gait analysis including at least the following: conducting analysis while patient has symptoms and/or gait deviations; two views; exposure of key body landmarks; and use of smart phone video slow motion video technology

**Date/Time:** 9/27/2019 8:30:00 AM

Location 1300 W. Broad st suite 2200



**Accreditation:** VCU Health Continuing Medical Education of Virginia Commonwealth University Health System is accredited by the Accreditation Council for Continuing Medical Education (ACCME®) to provide continuing medical education for physicians.

Credit Designation: VCU Health Continuing Medical Education of Virginia Commonwealth University Health System designates this live activity for a maximum of 1.00 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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We acknowledge that no commercial or in-kind support was provided for this activity.

### Disclosure of Financial Relationships:

The following planners, moderators or speakers have the following financial relationship(s) with commercial interests to disclose:

Nothing to disclose