

Additional Information

- History of the Oregon POLST
<https://oregonpolst.org/history>
- POLST.org
<https://www.polst.org>
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<https://doi.org/10.1177/1049909118797077>
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VCU Palliative Care ECHO*

May 9, 2019

The Virginia Physician Orders for Scope of Treatment (POST)

Continuing Medical Education

April 11, 2019 | 12:00 PM | teleECHO Conference

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April 11, 2019 | 12:00 PM | teleECHO Conference

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The following Planning Committee and Presenting Faculty Members report having no relevant financial relationships:

Danielle Noreika, MD

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Helpful Reminders

Unmute your
microphone
and start video

VCU Palliative C...

- You are all on **mute**
please **unmute** to talk
- If joining by telephone
audio only, press ***6** to
mute and unmute

Helpful Reminders

The image shows a Zoom meeting window. The main screen is dark with the text "VCU Palliative C..." in white. A right-click context menu is open, showing options: "Unmute My Audio Alt+A", "Start Video", and "Rename". A yellow arrow points from the text "Right click to your Zoom screen to rename your login; include your **name** and **organization**" to the "Rename" option. A "Rename" dialog box is also open, with the text "Enter a new screen name:" and a text input field containing "First & Last Name, Institution". There is a checkbox for "Remember my name for future meetings" and "OK" and "Cancel" buttons at the bottom.

Zoom

Zoom Group Chat

Unmute My Audio Alt+A

Start Video

Rename

VCU Palliative C...

Right click to your Zoom screen to rename your login; include your **name** and **organization**

Rename

Enter a new screen name:

First & Last Name, Institution

☐ Remember my name for future meetings

OK Cancel

To: Everyone

Type message here...

Helpful Reminders

The image shows a Zoom meeting window. The main video area is dark with the text "VCU Palliative C..." in white. A large yellow arrow points from the bottom of the video area to the "Chat" button in the bottom toolbar. The bottom toolbar includes buttons for Unmute, Start Video, Invite, Manage Participants, Share, Chat, Record, Closed Caption, Breakout Rooms, and More. The "Chat" button is highlighted. To the right of the video area is a "Zoom Group Chat" panel. A large yellow arrow points from the top of the chat panel down to the "Type message here..." input field. The chat panel also shows a "To:" dropdown set to "Everyone" and a "More" dropdown.

Zoom Meeting ID: 199-984-200

Enter Full Screen

Zoom Group Chat

VCU Palliative C...

Activate chat feature

Use the chat box to ask questions as they come to mind

To: Everyone

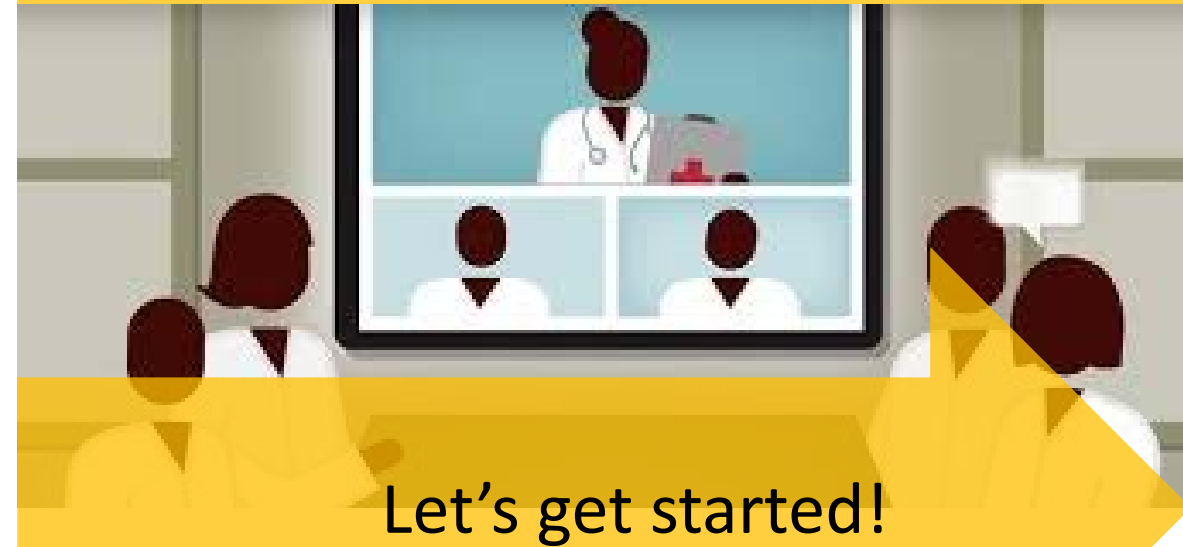
Type message here...

End Meeting

What to Expect

- I. Didactic Presentation
20 minutes + Q&A
- II. Case Discussions
 - Case Presentation
5 min.
 - Clarifying questions from spokes,
then hub
2 min. each
 - Recommendations from spokes,
then hub
2 min. each
 - Summary (hub)
5 min.
- III. Closing and Questions

- Bi-weekly tele-ECHO sessions (1.5 hours)
- Didactic presentations developed by inter-professional experts in palliative care
- Website: www.vcuhealth.org/pcecho
- Email: pcecho@vcuhealth.org



Hub Introductions

VCU Team	
Clinical Director	Danielle Noreika, MD, FACP, FAAHPM Medical Director/Fellowship Director VCU Palliative Care
Clinical Experts	Egidio Del Fabbro, MD – VCU Palliative Care Chair Jason Callahan, MDiv – Palliative Care Specialty Certified Tamara Orr, PhD, LCP – Clinical Psychologist Diane Kane, LCSW – Palliative Care Specialty Certified Felicia Hope Coley – RN Candace Blades, JD, RN – Advance Care Planning Coordinator Brian Cassel, PhD – Palliative Care Outcomes Researcher
Support Staff Program Manager Telemedicine Practice Administrator IT Support	Teri Dulong-Rae / Bhakti Dave, MPH David Collins, MHA Frank Green

Spoke Participant Introductions

Name and Institution

The Virginia Physician Orders for Scope of Treatment (POST)

Danielle Noreika, MD, FACP, FAAHPM

A Bit of History.....

- Oregon, 1991
- Developed a new tool recognizing that AD's were inadequate for patients with serious illness or frailty
- Task force originated from the Center for Ethics in Health Care at Oregon Health & Science University (OHSU) with representatives of stakeholder health care organizations

<https://oregonpolst.org/history>



Oregon, 1993

MEDICAL TREATMENT COVERSHEET		If located in clinical record, should be first page. In other settings locate in prominent place. Form should accompany patient/resident when transferred or discharged.	
PART 1: DOCUMENTATION		<input checked="" type="checkbox"/> Check appropriate boxes	
Directive to Physicians (Living Will)	<input type="checkbox"/> NO <input type="checkbox"/> YES - Attach copy	Optional Recent Photograph Attached Here	
Power of Attorney for Health Care	<input type="checkbox"/> NO <input type="checkbox"/> YES - Attach copy		
Guardianship	<input type="checkbox"/> NO <input type="checkbox"/> YES - Attach copy		
Location of Additional Documentation of Patient/Resident Choice (if known)			
PART 2: PHYSICIAN ORDERS			
When need occurs, <u>first</u> institute the following orders, <u>then</u> contact physician. Any section not completed indicates no limitation.			
Section A	Resuscitation. Patient/resident has no pulse and no breathing. For all other medical circumstances, refer to "Section B, Emergency Medical Services (EMS)" listed below. <input type="checkbox"/> Resuscitate <input type="checkbox"/> Do not resuscitate (DNR)		
Section B	Emergency Medical Services (EMS) <input type="checkbox"/> No Limitation Limitation: (Check no more than one Care Level) <input type="checkbox"/> Care Level 1: Do not call 911 unless necessary for patient comfort; no transport to hospital; call physician. EMS response is Care Level 2. <input type="checkbox"/> Care Level 2: Call 911; consider O ₂ , suction, airway obstruction maneuvers and wound care; no cardiac monitor; call physician. <input type="checkbox"/> Care Level 3: Call 911; Care Level 2 and consider oral/nasal airway, cardiac monitor, medication, IV fluids and bag-mask; call physician. <input type="checkbox"/> Other (specify): _____		
Section C	Antibiotics <input type="checkbox"/> No Limitation Limitation: <input type="checkbox"/> No antibiotics <input type="checkbox"/> No IM/IV antibiotics <input type="checkbox"/> Other (specify): _____		
Section D	Artificial Fluids and Nutrition (oral fluids and nutrition must be offered if medically feasible) <input type="checkbox"/> No Limitation Limitation: <input type="checkbox"/> No feeding tube or IV fluids <input type="checkbox"/> No feeding tube <input type="checkbox"/> No IV fluids <input type="checkbox"/> Other (specify): _____		
Discussed with <input type="checkbox"/> Patient/Resident <input type="checkbox"/> Attorney-in-fact for Health Care <input type="checkbox"/> Guardian <input type="checkbox"/> Other, Specify: _____			
THE BASIS FOR THESE ORDERS IS: _____ _____ _____			
Signature of Physician		Physician Name (type/print)	Time and Date

A Vision

1993: The Vital Role of Statewide Education

The Task Force recognized early on that education is the key to effective use of the Medical Treatment Coversheet (MTC, and later POLST) form. For the program to succeed statewide, health care professionals received updates on form use, newly developed policies and advances in research. The Task Force developed numerous educational resources and relied on member organizations to develop effective on going learning for their constituents. In essence, the group became a clearinghouse of information and the sharing of ideas, catalyzing resource development, all to help health care organizations educate their member health care professionals. Here are some examples of these early educational tools:

- Pamphlets including the MTC form and a step by step implementation process
- Videotape explaining how the MTC is used and implemented
- Consultation with health care professionals skilled in the use of the form
- Executive summary of the MTC evaluation project
- Initial "Train the Trainer" conference providing education about Oregon's new advance directive statute (including decisions for a patient to have or forego permanent feeding tube placement)

The Task Force recognized that education is a cornerstone of the POLST Program. [Click here](#) for a more extensive archive of early educational resources for health care professionals, health care systems and patients and families.

Oregon, 1995

**Physician Orders
for Life-Sustaining Treatment**

This is a physician order sheet based on patient/resident wishes and medical indications for life-sustaining treatment. If in the clinical record, this should be first page. In other settings, locate in a prominent place. When need occurs, first follow these orders, then contact physician. Any section not completed indicates full treatment.

Last Name of Patient/Resident _____
First Name/Middle Initial of Patient/Resident _____
Patient/Resident Date of Birth _____

Section A
Check One Box Only
☐ Resuscitate ☐ Do Not Resuscitate (DNR)

Section B
Check One Box Only
Emergency Medical Services (EMS)
☐ **Comfort Measures Only:** Oral and body hygiene, reasonable efforts to offer food and fluids orally, Medication, positioning, warmth, appropriate lighting and other measures to relieve pain and suffering. Privacy and respect for the dignity and humanity of the patient/resident. Transfer only if comfort measures fail.
Call 9-1-1/code only if EMS is desired.
☐ **Limited Interventions:** All care above and consider oxygen, suction, treatment of airway obstruction (manual only), wound care.
☐ **Advanced Interventions:** All care above and consider oral/nasal airway, bag-mask/demand valve, monitor cardiac rhythm, medication, IV fluids.
☐ **Full Treatment:** All care above plus CPR, intubation and defibrillation.
Other Instructions: _____

Section C
Check One Box Only
Antibiotics
☐ No antibiotics except if needed for comfort
☐ No invasive (IM/IV) antibiotics
☐ Full Treatment
Other Instructions: _____

Section D
Check One Box Only
Artificially Administered Fluids and Nutrition (oral fluids and nutrition must be offered if medically feasible)
☐ No feeding tube/IV fluids (provide other measures to assure comfort)
☐ No long term feeding tube/IV fluids (provide other measures to assure comfort)
☐ Full Treatment
Other Instructions: _____

Section E
Discussed with: ☐ Patient/Resident ☐ Health Care Representative ☐ Court-appointed Guardian
☐ Other (specify): _____
THE BASIS FOR THESE ORDERS IS: _____
Signature of Physician (mandatory) _____ Physician Name (type or print) _____ Time and Date Signed _____

ORIGINAL FORM SHOULD ACCOMPANY PATIENT/RESIDENT WHEN TRANSFERRED OR DISCHARGED.

How to Change "Physician Orders for Life-Sustaining Treatment"

This form, "Physician Orders for Life-Sustaining Treatment," should be reviewed if:

- (1) The patient/resident is transferred from one care setting to another, or
- (2) There is substantial permanent change in patient/resident health status, or
- (3) The patient/resident treatment preferences change.

First, review "Patient/Resident Preferences as a Guide for Physician Orders for Life-Sustaining Treatment" (Section F). Second, record the review in "Review of Physician Orders for Life-Sustaining Treatment" (Section G).

Finally, if this form is to be voided, draw a line through the "Physician Orders" and/or write the word "VOID" in large letters, then sign or initial the form. After voiding the form, a new form may be completed. *If no new form is completed, full treatment may be provided.*

Section F
**Patient/Resident Preferences as a Guide for
Physician Orders for Life-Sustaining Treatment**

I have given significant thought to life-sustaining treatment. The following have further information regarding my preferences:

Advance Directive ☐ NO ☐ YES - Attach copy
Court-appointed Guardian ☐ NO ☐ YES - Attach copy of documentation

I expressed my preferences to my physician and/or health care provider(s) and agree with the treatment orders on this document. Please review these orders if there is a substantial permanent change in my health status such as:

Close to death ☐ Permanently unconscious ☐ Advanced progressive illness
Extraordinary suffering

Signature of Patient/Resident or Guardian/Health Care Representative (optional) _____

Signature of Person Preparing Form (optional) _____ Preparer Name (type or print) _____ Time and Date Prepared _____

Section G
Review of Physician Orders for Life-Sustaining Treatment

Date of Review	Reviewer	Location of Review	Outcome of Review
			<input type="checkbox"/> No change <input type="checkbox"/> Changed, FORM VOIDED, new form completed <input type="checkbox"/> Changed, FORM VOIDED, <i>no new form</i>
			<input type="checkbox"/> No change <input type="checkbox"/> Changed, FORM VOIDED, new form completed <input type="checkbox"/> Changed, FORM VOIDED, <i>no new form</i>
			<input type="checkbox"/> No change <input type="checkbox"/> Changed, FORM VOIDED, new form completed <input type="checkbox"/> Changed, FORM VOIDED, <i>no new form</i>

© CENTER FOR ETHICS IN HEALTH CARE, Oregon Health Sciences University, 2181 SW Sam Jackson Park Rd, L101, Portland OR 97201-3088 August 1995

Then What Happened?

- Emphasized over time continued feedback, research, and changes to form and process
- 2004: National POLST Paradigm Taskforce convened
- 2009: Oregon POLST registry
- 2010: Trademark registration

2015, Seriously

2015: ePOLST Technology

As electronic medical records became the norm, many groups expressed interest in developing electronic versions of POLST. Providence Health and Services in Oregon worked with the POLST Task Force to create a pilot and was the first to develop an electronic POLST completion system. They used an EPIC Smart Form. Providence worked closely with the [Oregon POLST Registry](#) to create a secure electronic submission system.

In April of 2015, OHSU developed a partnership with the [Vynca ePOLST](#) system which provides an electronic completion system accessed within Epic with direct submission to the Oregon POLST Registry. To ensure that POLST orders can be accessed with a single click, the “ePOLST Yes/No” tab was included on the patient header ([Oregon POLST policy recommendation](#)). The system was designed to facilitate bidirectional communication with the Oregon POLST Registry.

EMR	Schedule	In Basket	Chart	Tel Enc	Refill Enc	Meds List
Test, ePOLST 89 yrs, Female, 07/19/1926		MRN: 00000000 CSN: 0000000000	Allergies: Penicillin	Code: Not on file ePOLST: YES Adv Dir: YES		Pt Class: Inpatient

<https://www.polst.org>

National POLST Paradigm Program Designations

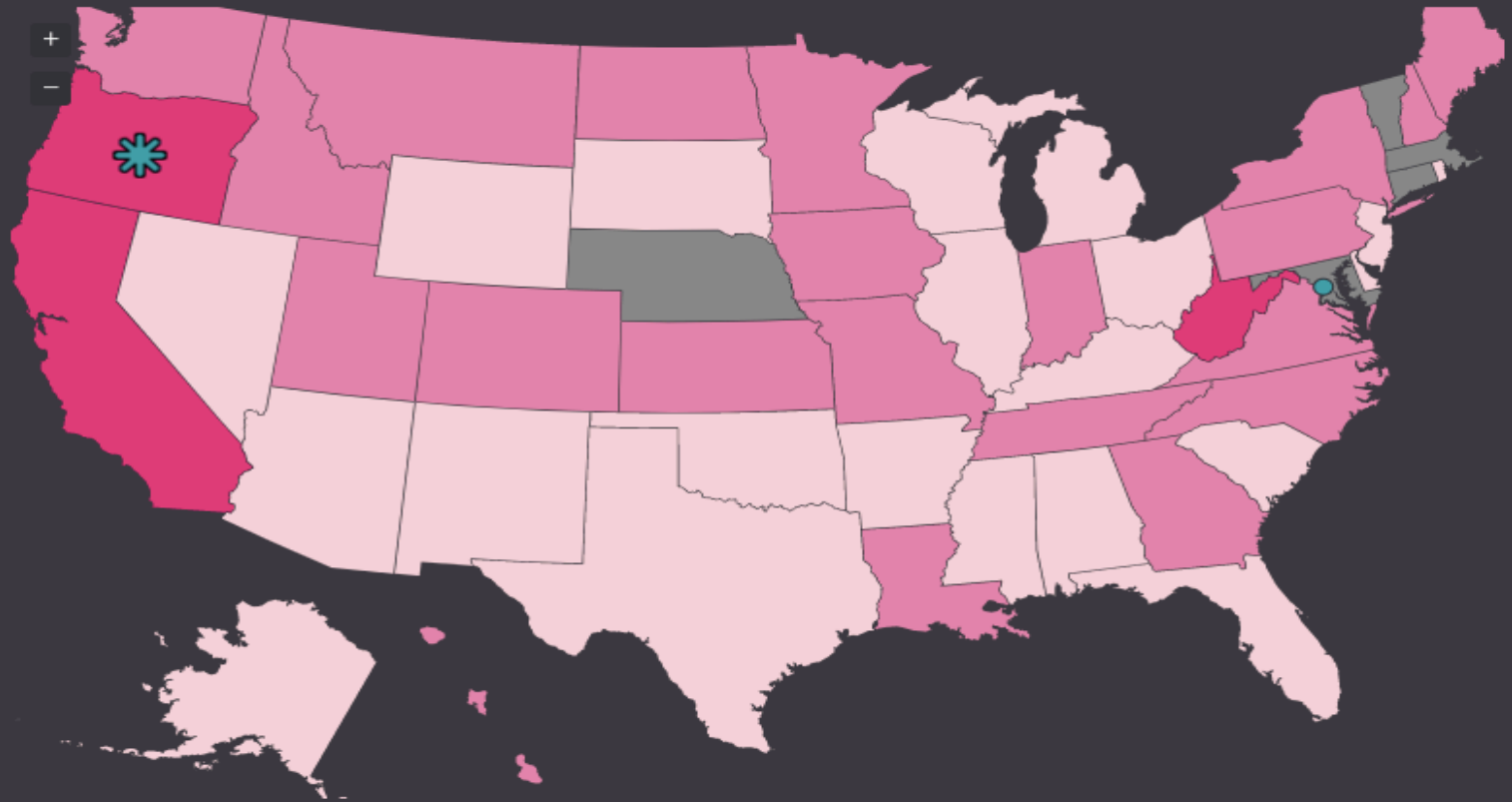
Click a state for more information

- 3 mature
- 24 endorsed
- 22 developing
- 5 non-conforming
- ✱ Oregon separated from the National POLST
Paradigm in 2017

Totals include WASHINGTON DC.

MATURE Programs are also Endorsed and are
counted in both the Mature and Endorsed Program
totals.

[LEARN MORE](#) in the text below the map



OREGON POLST™



Statement on Oregon POLST Separation from National POLST

Over the past 25 years, the Physician Orders for Life-Sustaining Treatment, or POLST, program has grown out of concern of honoring patient preferences about care at the close of life ([Oregon POLST History](#)). The goal of the Oregon POLST program is to provide a mechanism to ensure that seriously ill persons and their family are able to make informed choices about their care. To preserve public trust, it is important that POLST programs are beyond reproach by not taking money from health care related industries that potentially would suggest a conflict between the goals of the POLST program of promoting patient choice and a focus on cost saving that would benefit industry.

Oregon's POLST program grew into a national model for end-of-life care and many states began seeking assistance in implementing POLST programs in their states. Eventually a national office was formed at OHSU, and then expanded and began operating independently from OHSU in January of 2017.

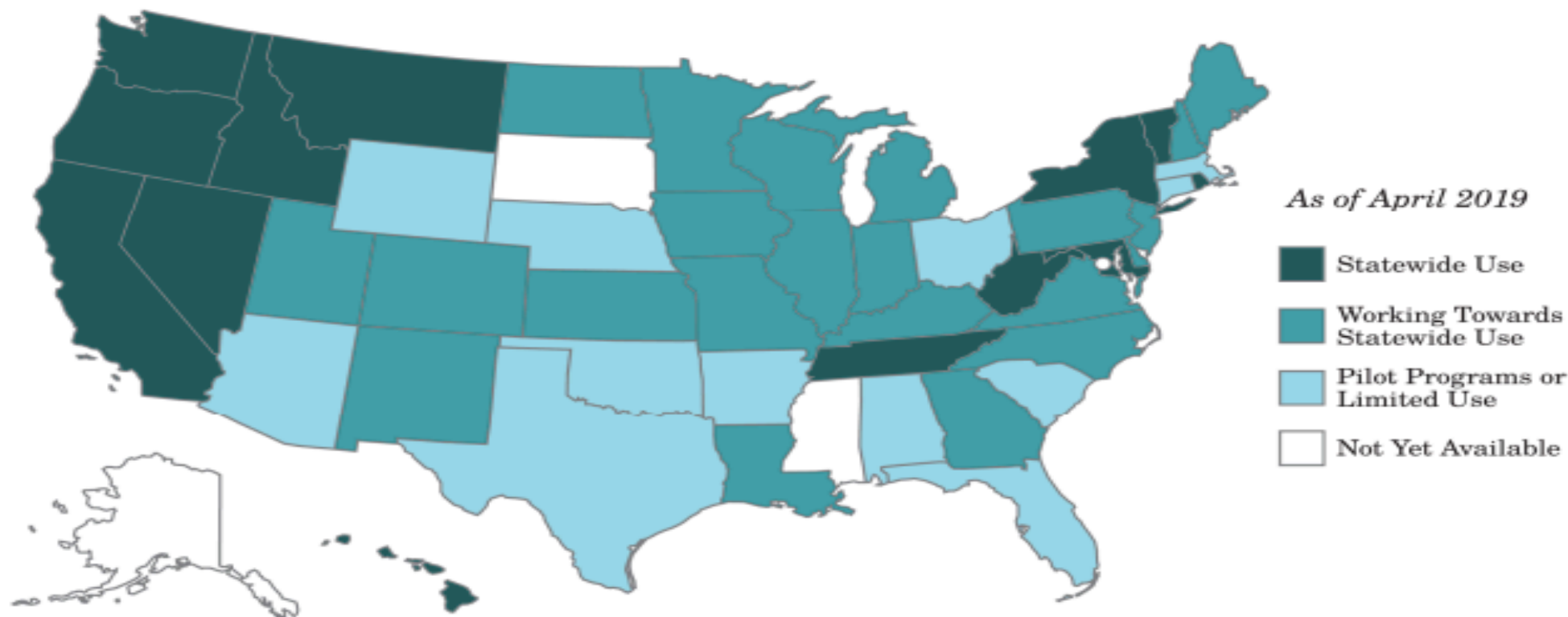
Oregon POLST learned in early 2017 that National POLST accepted industry funding. This poses an inherent conflict of interest. POLST has never been about cost savings. It has been about allowing patients to choose and document what kind of care they wish to receive when nearing the end of life. This conflict of interest does not reflect our values and compromises the goals of the founders of POLST.

We are saddened to see the direction in which the National POLST program is headed and believe



National POLST Paradigm: POLST Use by State

As of April 2019



This map shows the general availability regarding the use of the POLST Paradigm within a state. For this map, POLST Program leaders were asked to use the following definitions and provide their assessment about the level of use of the POLST Paradigm within their state:

Tark et al, JPM, 2019

<i>POLST maturity status</i>	<i>Antibiotics N (%)</i>	<i>IV fluids N (%)</i>	<i>Transfer to hospital N (%)</i>	<i>Medication by any route N (%)</i>	<i>Oxygen N (%)</i>	<i>BiPAP/ CPAP N (%)</i>	<i>Intubation/ ventilation N (%)</i>
<i>POLST maturity status</i>							
Mature	2 (66.67)	3 (100)	3 (100)	3 (100)	3 (100)	3 (100)	3 (100)
Endorsed	14 (73.68)	13 (68.42)	19 (100)	19 (100)	19 (100)	18 (94.74)	18 (94.74)
Developing	14 (70.00)	16 (80.00)	20 (100)	20 (100)	20 (100)	18 (90)	17 (85)
Nonconforming	2 (66.67)	1 (33.33)	3 (100)	3 (100)	3 (100)	3 (100)	3 (100)
<i>Frequency mentioned and locations</i>							
Mentioned once							
Comfort Measures	13 (28.89)	0	0	45 (100)	45 (100)	0	0
Limited treatment	0	28 (62.22)	0	0	0	1 (2.22)	0
Full treatment	15 (33.33)	0	0	0	0	10 (22.22)	36 (80)
Separate section	0	0	4 (8.89)	0	0	0	5 (11.11)
Mentioned twice							
Comfort + limited treatment	3 (6.67)	0	7 (15.56)	0	0	0	0
Limited + full treatment	0	5 (11.11)	0	0	0	26 (57.78)	0
Limited + separate section	1 (2.22)	0	0	0	0	0	0
Full + separate section	0	0	0	0	0	0	0
Mentioned three time							
Comfort + limited + full treatment	0	0	34 (75.56)	0	0	0	0
Limited + full + separate section	0	0	0	0	0	0	0
Total mentioned	32 (71.11)	33 (73.33)	45 (100)	45 (100)	45 (100)	42 (93.33)	41 (91.11)
Not mentioned at all	13 (28.89)	12 (26.67)	0	0	0	3 (6.67)	4 (8.89)
Total	45 (100)	45 (100)	45 (100)	45 (100)	45 (100)	45 (100)	45 (100)

Nugent et al, Amer J Hosp Palliat Med, 2018

Table 3. Logistic Regression Examining Variables Associated With Hospice Enrollment and Location of Death.^a

Regression Models	Unadjusted OR (95% CI)	Adjusted OR (95% CI)
Hospice enrollment		
Stage IV	1.08 (0.45-2.58)	1.01 (0.41-2.49)
Income	2.00 (1.34-2.97) ^b	1.90 (1.27-2.82) ^b
Medical comorbidity	0.99 (0.93-1.07)	0.81 (0.61-1.09)
Functional comorbidity	1.06 (0.94-1.19)	1.26 (0.98-1.62)
POLST registration	2.57 (1.12-5.90) ^c	2.37 (1.01-5.54) ^c
Death inside a VA facility		
Stage IV	1.09 (0.49-2.40)	1.12 (0.50-2.52)
Income	1.03 (0.76-1.42)	1.11 (0.80-1.53)
Medical comorbidity	1.04 (0.98-1.10)	1.03 (0.80-1.33)
Functional comorbidity	1.08 (0.98-1.20)	1.11 (0.89-1.38)
POLST registration	0.27 (0.12-0.59) ^b	0.27 (0.12-0.59) ^b

Abbreviations: CI, confidence interval; OR, odds ratio; POLST, Physician Orders for Life-Sustaining Treatment.

^aAdjusted models controlled for tumor stage, income, medical comorbidity, and functional comorbidity. Reference group is those without a registered POLST.

Harrison et al, Amer J Emerg Med, 2019

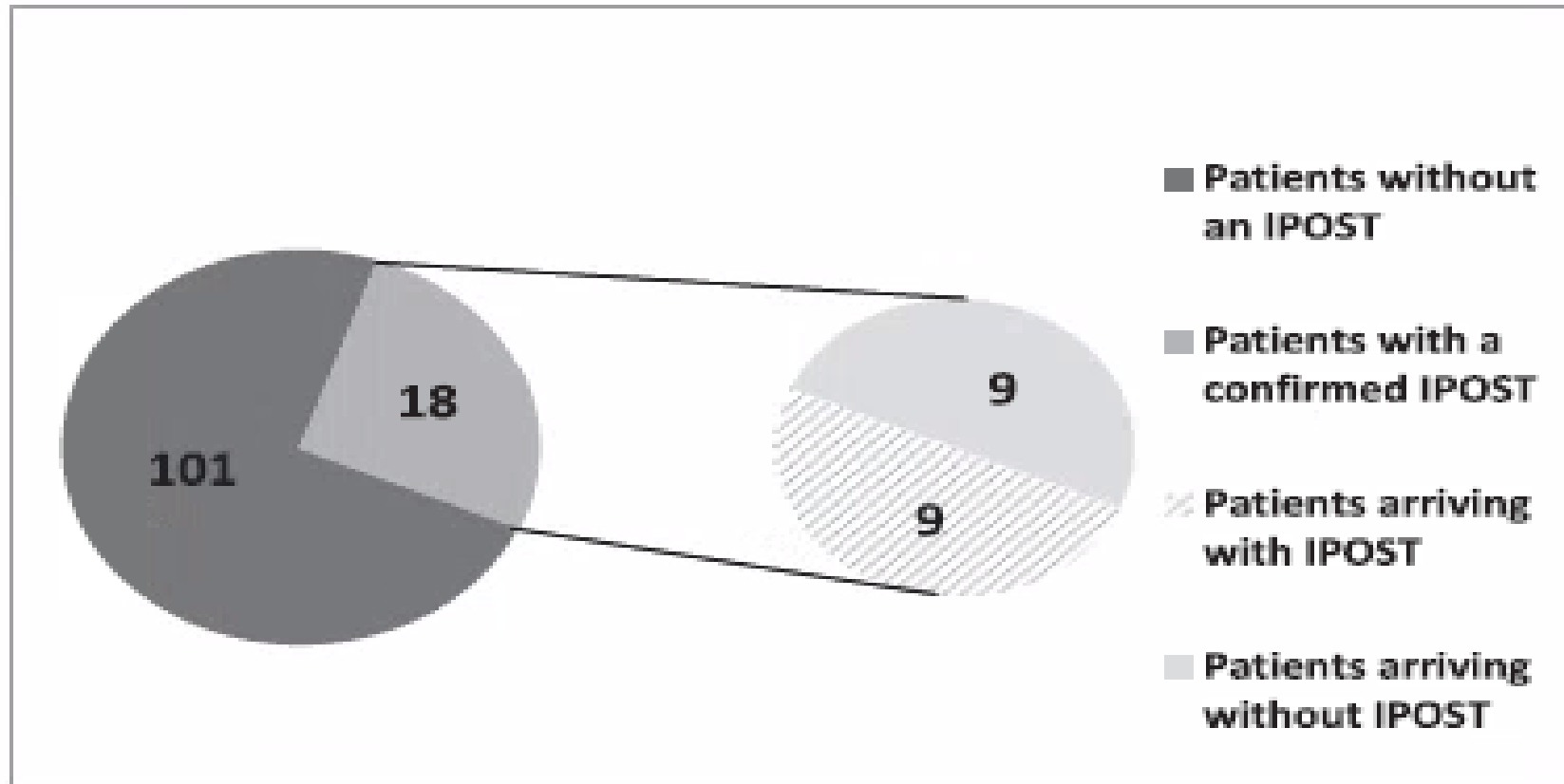
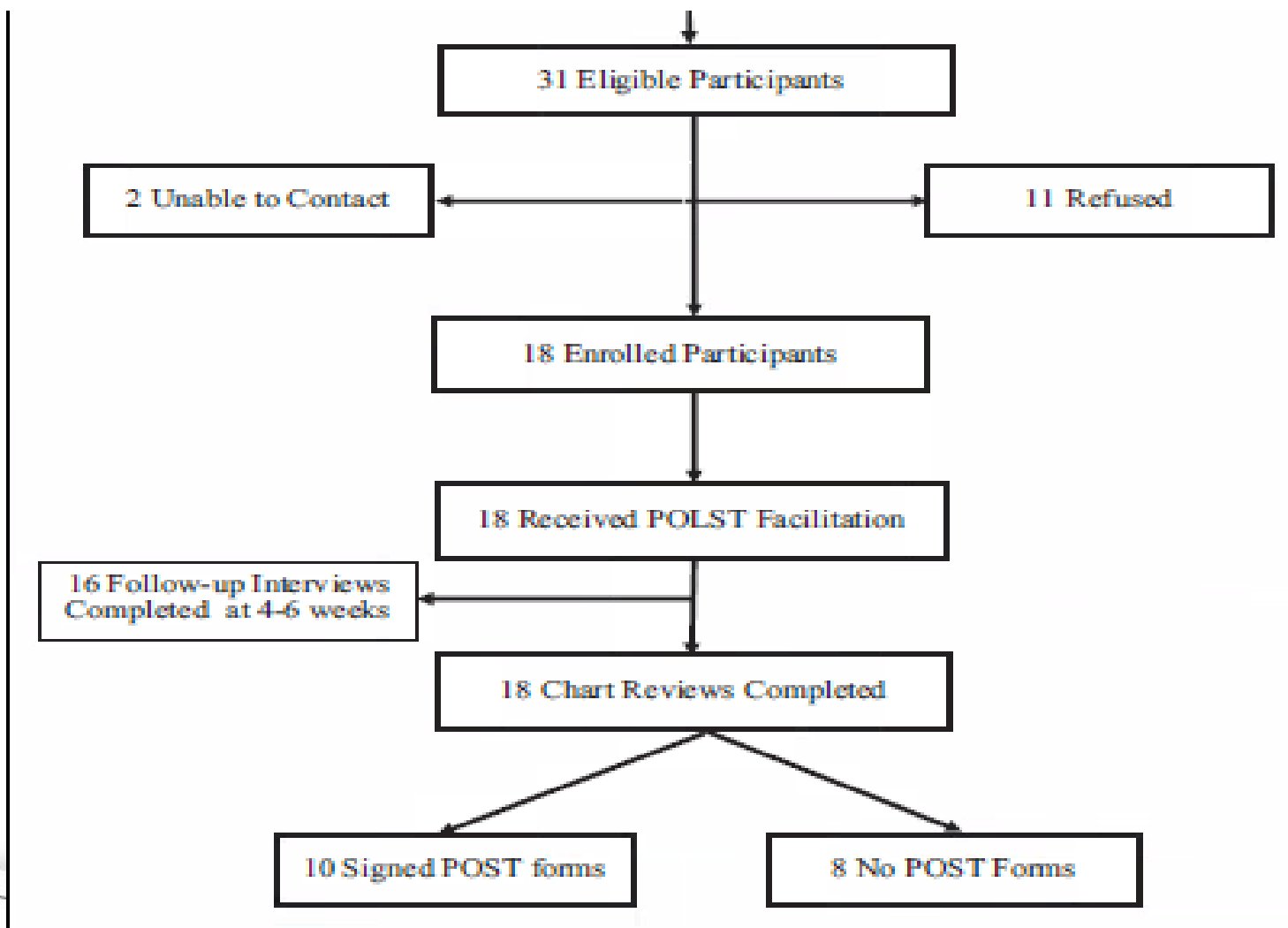


Fig. 1. Incidence of transported IPOSTs. Of the 119 patients included in the prospective arm of the study, 18 patients had a confirmed IPOST and 9 of those patients arrived with a physical IPOST in-hand.

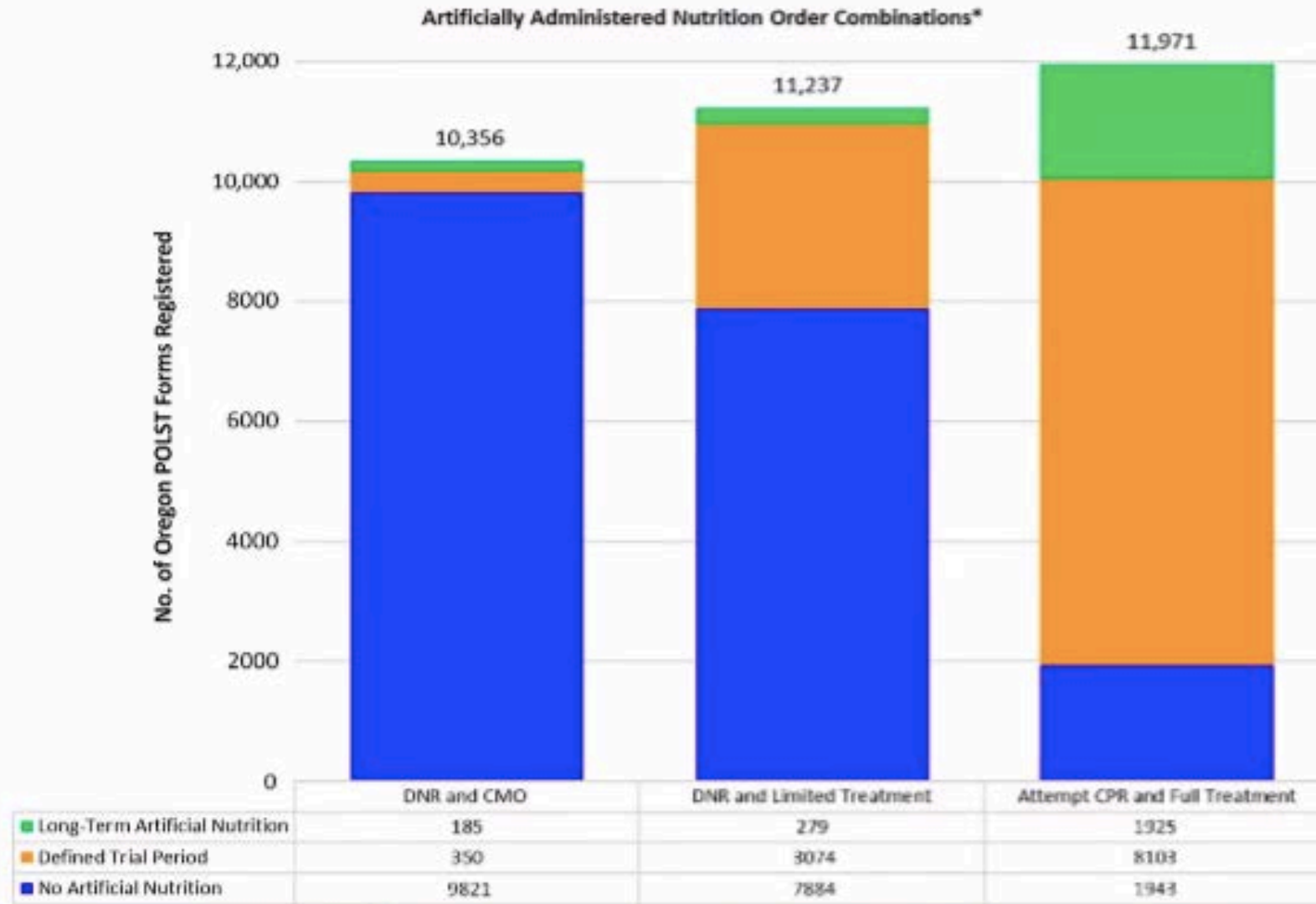
ACEP Ethics Committee, 2018

tures (12). Similarly, patients with cardiac disease admitted for acute coronary syndrome are less aggressively treated and more likely to die (13). Williams et al. report that in the setting of septic shock, patients with DNR documents received lower volumes of fluid resuscitation, were less likely to be intubated, and were less likely to receive a central venous line or early vasopressor therapy (14). Mortality among patients with a DNR document was 65.6%, compared with 6.1% for those without (14). It is not clear to what extent these differences in care and outcome were the result of physicians treating patients in accordance with the patients' wishes, vs. restricting care based on extrapolation of what the patients' wishes might be from a DNR order (for instance, making the decision that because the patient did not want vasopressor support in the context of CPR, assuming the patient would also not want it as a targeted therapy for septic shock). Even decisions concerning patient disposition are influenced by a patient's DNR status, with lower rates of admission to an ICU regardless of a patient's age, Acute Physiology and Chronic Health Evaluation II score, or functional status (15).

Torke et al, Amer J Hosp and Palliat Med, 2018



Tolle et al, JAGS, 2019



ON MY MIND

Extracorporeal Membrane Oxygenation Bridge to No Recovery

Pushing the Limits of Patient and Family Autonomy: When Is Enough Enough?

The concept of mechanical circulatory support has its origins in cardiopulmonary bypass, which allows us to transiently assume the functions of both heart and lungs as we repair critical valves and vessels. It is an elegant sequence of events intended to improve quality of life for our patients.

Teresa A. Mulaikal, MD
Shunichi Nakagawa, MD
Kenneth M. Prager, MD

Treatment limitations in the era of ECMO

Once relegated to the fringes of medicine, the use of extracorporeal membrane oxygenation (ECMO) in adults with severe respiratory or cardiac failure is now increasing at an extraordinary pace.¹ ECMO is perceived by many as life-saving, and this growth is continuing despite a paucity of widely accepted evidence demonstrating benefit.² Without such evidence, our obligation to carefully assess the place of this technology in patient care is heightened.³ In this rapidly evolving area, how do we decide when to offer such high-risk, resource-intensive interventions, and when to withhold or withdraw them?

When making complex medical decisions, we should first decide what our interventions might offer in terms of survival and quality of life. We should then engage with our patients and their surrogates, providing them options within a clinical context while, in turn, they provide us with guidance on their values and goals. Together, we decide which life-sustaining options have the potential to achieve these goals.

On the other hand, CPR could be considered in some patients in whom ECMO would not. The clearest example is the use of ECMO to support the circulation during cardiac arrest, so-called extracorporeal CPR. Circulatory arrest—and therefore circulatory death—might be suspended by the initiation of extracorporeal CPR in an attempt to buy time to reverse the culpable pathology. The provision of conventional CPR, and withholding of extracorporeal CPR, in centres that offer it, is a reasonable approach.

Could a patient have a DNI order but accept extracorporeal CO₂ removal? A scenario we are very likely to confront—one that has already played out in medical literature⁴—is the use of extracorporeal CO₂ removal in patients with acute respiratory failure, in lieu of invasive mechanical ventilation, precisely because the patient has chosen to forgo invasive mechanical ventilation. The promise of extracorporeal CO₂ removal is that it is potentially less invasive and lower risk than ECMO. Yet it is not without risks.²

So long as the patient or surrogate decision makers are



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†Participants listed in the appendix

See Online for appendix

Let's Discuss!

- We are committed to representing and respecting patient/family wishes—but it's complicated ;)
- Growing body of research around this topic but gaps remain
- Education is a cornerstone—but must be a community effort!
- Access to completed forms across health systems would be ideal.....

Respecting
Choices

Honoring
Choices

Spoke Programs


Virginia POST
Collaborative

Survey of POST implementation
in our ECHO Community

Reported Barriers: Education



Lack of time
for
education



Not
everyone
knows what
the form is



Keeping
staff trained
(turnover)

Reported Barriers

“...trying to keep accurate data on how the POST form can help provide goal-concordant care, e.g. for patients who wish to limit future hospitalizations, so that administration can see why the time for these conversations and form completion is important”

“...helped a patient complete a POST, sent him back to the SNF where he resides, I KNOW a copy went with him, however, when he was re-admitted yesterday, the SNF had him listed as FULL CODE (POST indicates DNR) the RN did not know what a POST form was and denied that they had a copy at the SNF.”

Conversations, Referrals

- It varies!
- Providers have conversations with patients, and
 - Some providers complete POST forms
 - Some “don’t have time” to complete the forms and request a consult from Palliative to complete POST
- Refer to non-provider
 - POST forms initiated by ACP conversation with facilitators
 - Contact provider to review and sign form



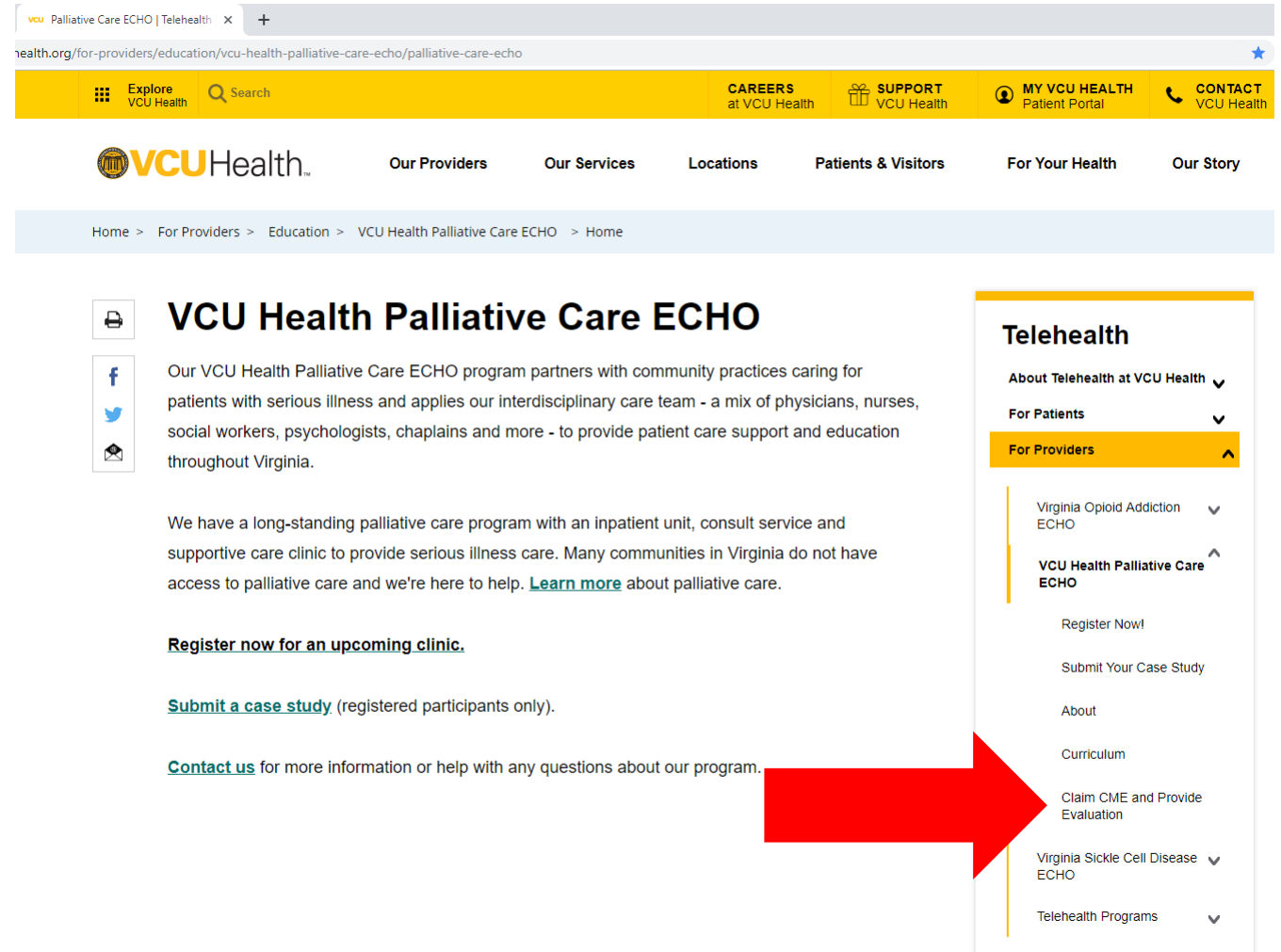
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The screenshot shows the VCU Health Palliative Care ECHO website. The header includes navigation links for Explore VCU Health, Search, CAREERS at VCU Health, SUPPORT VCU Health, MY VCU HEALTH Patient Portal, and CONTACT VCU Health. The main navigation bar lists Our Providers, Our Services, Locations, Patients & Visitors, For Your Health, and Our Story. The breadcrumb trail reads: Home > For Providers > Education > VCU Health Palliative Care ECHO > Home.

VCU Health Palliative Care ECHO

Our VCU Health Palliative Care ECHO program partners with community practices caring for patients with serious illness and applies our interdisciplinary care team - a mix of physicians, nurses, social workers, psychologists, chaplains and more - to provide patient care support and education throughout Virginia.

We have a long-standing palliative care program with an inpatient unit, consult service and supportive care clinic to provide serious illness care. Many communities in Virginia do not have access to palliative care and we're here to help. [Learn more](#) about palliative care.

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Please complete the survey below.

Thank you!

Name * must provide value	<input type="text"/>
Credentials (MD, DO, NP, RN, ...) * must provide value	<input type="text"/>
Email Address * must provide value	<input type="text"/>
I attest that I have successfully attended the Virginia Palliative Care ECHO Clinic. * must provide value	<input type="radio"/> Yes <input type="radio"/> No
Do you intend to make changes based on this presentation? * must provide value	<input type="radio"/> Yes <input type="radio"/> No reset
What was the quality of the brief lecture? * must provide value	<input type="radio"/> Poor <input type="radio"/> Fair <input type="radio"/> Neutral <input type="radio"/> Good <input type="radio"/> Excellent reset
What feature of the TeleECHO clinic did you enjoy most? * must provide value	<input type="radio"/> Didactic Presentation <input type="radio"/> Case Presentation <input type="radio"/> Discussions & interactions between hubs and spokes (participants) <input type="radio"/> Other reset
What other palliative related topics would you like addressed?	

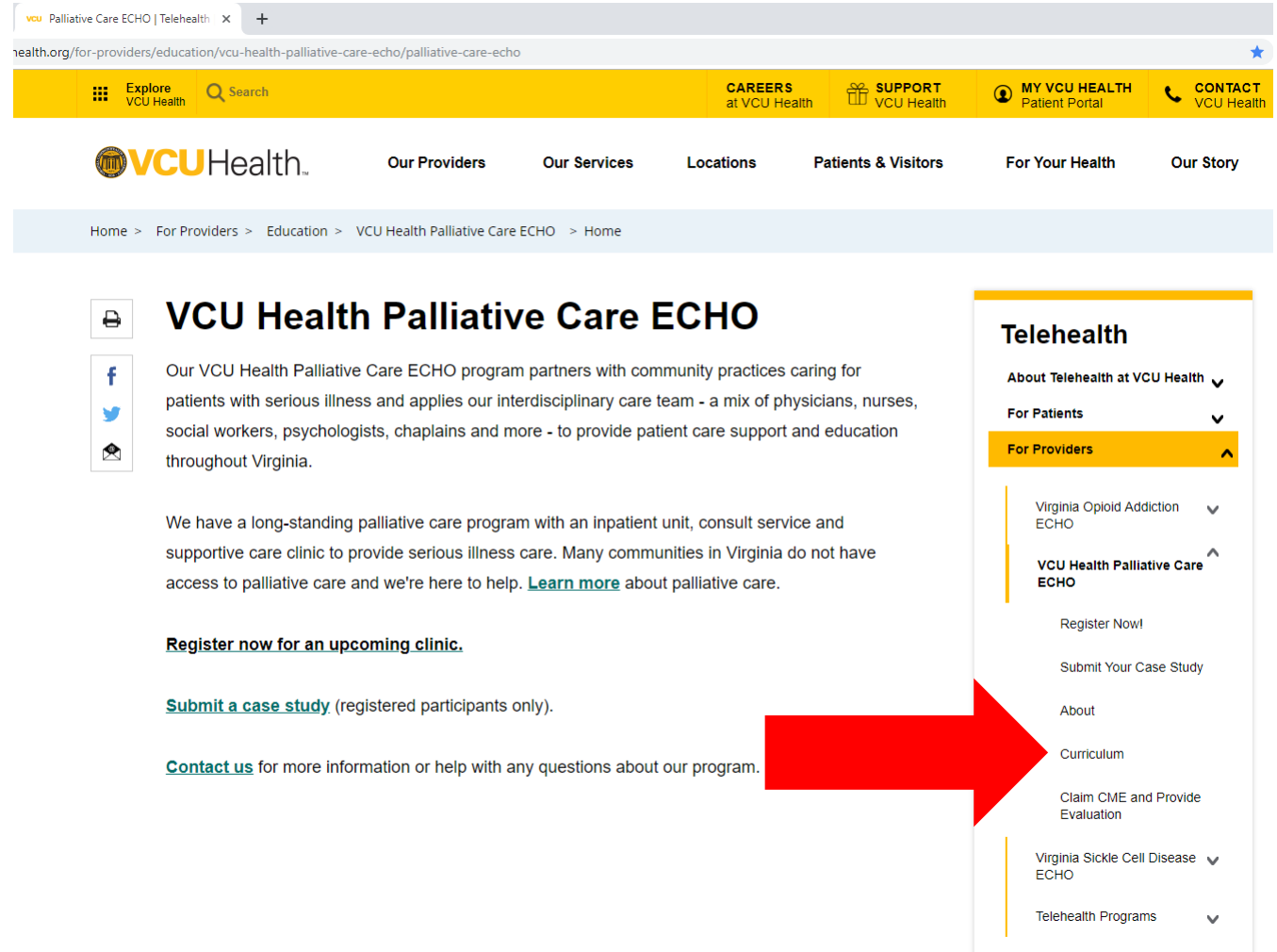


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Topic	Date	Speaker & Resources
Introduction to Palliative and Supportive Care	02/14/19	Danielle Noreika, MD Video of Clinic

Learning Objectives:

1. Define palliative care and differentiate from hospice.
2. Describe reasons for referral to palliative care.
3. Describe basic structure of palliative care team.

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Introduction to Palliative and Supportive Care

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Date & Location

Wednesday, March 6, 2019, 9:09 AM - Friday, March 7, 2020, 10:09 AM

Target Audience

Hospitalist, Internal Medicine, Multiple Specialties, Gerontology, Social Work

Overview

Online archived sessions include a video, a listing of reading materials and a post-test assessment

Objectives

1. Define palliative care and differentiate from hospice
2. Define palliative care and differentiate from hospice
3. Describe basic structure of palliative care team

THANK YOU!

We hope to see you at our next ECHO