

## Telehealth Resources for Substance Abuse Treatment

MAT 12 step online resources/meetings:

- Thursdays Sundays 6 30pm to 7 30 pm Zoom Meeting ID: 471-110-331

MARA international as well <https://www.mara-international.org/>

- Virginia has Our Way as their Mara Home Group
- starting zoom meetings on Thursday
- link will be posted on the FB page we have a peer that runs them Carl mack that works with the Drug Court programs

MAT Friendly Meetings

<https://www.smartrecovery.org/community/calendar.php>

<https://www.lifering.org/meetings>

<https://www.dailystrength.org/group/suboxone-support-group>

MARC Medication Assisted Recovery Community Group (Facebook Group).

Medication-Assisted Recovery Anonymous – MARA (Facebook Group)

<https://www.ted.com/talks?sort=newest&topics%5B%5D=Addiction>

<https://www.mara-international.org/find-a-meeting>

<https://www.stepchat.com/mobile.htm>

<https://unityrecovery.org/>

<https://intherooms.com/home/>

Unityrecovery.zoom.us/my/all/recovery