

BIOGRAPHICAL SKETCH

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NAME: Sisson, Evan Mack

eRA COMMONS USER NAME (credential, e.g., agency login): emsisson

POSITION TITLE: Professor of Pharmacotherapy and Outcomes Science

EDUCATION/TRAINING (*Begin with baccalaureate or other initial professional education, such as nursing, include postdoctoral training and residency training if applicable. Add/delete rows as necessary.*)

INSTITUTION AND LOCATION	DEGREE (if applicable)	Completion Date MM/YYYY	FIELD OF STUDY
Virginia Commonwealth University, Richmond, VA	B.S.	05/1992	Pharmacy
Virginia Commonwealth University, Richmond, VA	Pharm.D.	05/1994	Doctor of Pharmacy
Virginia Commonwealth University, Richmond, VA	Masters	05/1996	Health Administration
Richmond VA Medical Center, Richmond, VA	Fellow	05/1996	Pharmacotherapy

A. Personal Statement

I am a Professor in the Department of Pharmacotherapy & Outcomes Science at VCU School of Pharmacy. My clinical background includes over 25 years of experience in ambulatory care pharmacy practice with an emphasis on the management of cardiovascular risk factors, including hypertension, dyslipidemia, diabetes, and obesity. I am a Certified Diabetes Care and Education Specialist and a master lifestyle coach for the CDC Diabetes Prevention Program. I am very active in the community, serving as Board member and past Chair at the Center for Healthy Hearts, Board member and past Chair of the Virginia Diabetes Council, and past member of the Board of Directors for the Association of Diabetes Care and Education Specialists (ADCES). My research interests include the development, implementation, and evaluation of team-based care models that incorporate pharmacists to improve the management of cardiovascular risk factors, as well as the evaluation of the implementation of evidence-based practice. This includes serving as an investigator on a 5-year collaborative agreement with the Virginia Department of Health (Funded by the CDC) to implement innovative strategies to improve cardiovascular and diabetes care in underserved communities. Further, I have developed remote patient monitoring and Project ECHO training programs at VCU Health.

B. Positions, Scientific Appointments, and Honors**Positions and Scientific Appointments**

2021-Present Vice-Chair of Practice and Service, Department of Pharmacotherapy and Outcomes Science, Virginia Commonwealth University School of Pharmacy, Richmond, VA

2021-Present Assistant Director, Center for Pharmacy Practice Innovation, Virginia Commonwealth University School of Pharmacy, Richmond, VA

2019-Present Professor, Department of Pharmacotherapy and Outcomes Science, Virginia Commonwealth University School of Pharmacy, Richmond, VA

2017-2022 Faculty Director of Continuing Education, Virginia Commonwealth University School of Pharmacy, Richmond, VA

2016-2022 Residency Program Director, VCU PGY2 Ambulatory Care Residency, Virginia Commonwealth University School of Pharmacy, Richmond, VA

2011-2019 Associate Professor, Department of Pharmacotherapy and Outcomes Science, Virginia Commonwealth University School of Pharmacy, Richmond, VA

2006-2011 Assistant Professor, Department of Pharmacotherapy and Outcomes Science, Virginia Commonwealth University School of Pharmacy, Richmond, VA

2004-2006 Clinical Pharmacy Manager, Southside Regional Medical Center, Petersburg, VA
1996-2004 Diabetes Program Development Coordinator, McGuire VA Medical Center, Richmond, VA
1995-1999 Investigational Drug Study Sub-Investigator, McGuire VA Medical Center, Richmond, VA
1994-1996 Fellow, Pharmacotherapy / Decision Support Analysis, McGuire VA Medical Center, Richmond, VA

Honors

2023 VCU 2023 Outstanding Term Faculty Award. Presented at Virginia Commonwealth University's 41st Annual Faculty Convocation, September 6, 2023.
2016 Selected as one of the Top 10 "high-performing" practices that provide Comprehensive Medication Management (CMM) from nearly 1,000 practices were surveyed. McInnis, T. Capps, K. Get the medications right: a nationwide snapshot of expert practices—Comprehensive medication management in ambulatory/community pharmacy. Health2 Resources, May 2016
2015 Best Poster Award at the Emswiler Interprofessional Symposium for "Pharmacist-Physician collaboration to improve blood pressure control in an Inner City Safety-Net Clinic"
2014 Received the 2014 Student Community Engaged Service Award from the American Association Colleges of Pharmacy (AACCP) for participation in the Remote Area Medical (RAM) project
2014 Received the 2014 Innovations Teaching Award from the American Association Colleges of Pharmacy (AACCP) for "Use of video recorded clinic visits to improve assessment of student pharmacists' clinical interviewing skills"
2010 VCU Currents of Change, "Pharmacist Collaborative Care in the Community", Richmond, VA
2009 VCU President's Honor Roll Exemplary Project: VCU Pharmacy Students Improving Care for Underserved Diabetic Patients
2009 VCU 40 Acts of Caring Project: "VCU School of Pharmacy Joins Remote Area Medical (RAM) in Wise, VA"
2004 Preceptor of the Year, Virginia Commonwealth University School of Pharmacy, Richmond, VA

Other Professional Achievements and Activities

2020-Present Member, Research and Practice Committee, Association of Diabetes Care and Education Specialists (ADCES)
2019- Present Executive Committee, Virginia Diabetes Council, Richmond, VA
2018- Present Member, Board of Directors, Virginia Diabetes Council, Richmond, VA
2010- Present Board Member, Center for Healthy Hearts, Richmond, VA
2020-2021 Chair, Board of Directors, Virginia Diabetes Council, Richmond, VA
2016-2021 Faculty, Pharmacy-Based Cardiovascular Disease Risk Management Certificate Training Program, American Pharmacists Association (APhA)
2015-2020 Chair, Board of Directors, Center for Healthy Hearts, Richmond, VA
2008-2020 Member, Consumer Advisory Committee, American Association of Diabetes Educators (AADE)
2018-2020 Member, AADE7 Writing Committee, Association of Diabetes Care and Education Specialists (ADCES)
2017-2018 Chair, Fellowship Selection Committee American Association of Diabetes Educators (AADE)
2017-2017 Member, Program Planning Committee, Novo Nordisk Diabetes Educator Training Program "Excellence Through Education" American Association of Diabetes Educators (AADE)
2018-2019 Member, 2019 Annual Meeting Planning Committee American Association of Diabetes Educators (AADE)
2017-2018 Member, 2018 Annual Meeting Planning Committee American Association of Diabetes Educators (AADE)
2007-2016 Design Team Advisory Board Member, DM Educate (Online Diabetes Elective produced by the University of Pittsburgh School of Pharmacy)
2016-2017 Member, Fellowship Selection Committee American Association of Diabetes Educators (AADE)
2013-2013 Chairman, Program Planning Committee, Novo Nordisk Diabetes Educator Training Program "Excellence Through Education" American Association of Diabetes Educators (AADE)
2012-2012 Member, Mobile Applications Working Group American Association of Diabetes Educators (AADE)
2011-2012 Technology Chair, Virginia Coordinating Board American Association of Diabetes Educators (AADE)

2008-2010 Chairman, Planning and Development Committee, American Association of Diabetes Educators (AADE)

C. Contributions to Science

1. I have expertise in developing, implementing, and evaluating pharmacist-physician collaborative care models in the management of diabetes, hypertension and dyslipidemia. For 14 years, my practice site was a safety-net free clinic in Richmond, Virginia that provided primary care to a primarily African American, uninsured population. I led the development and evaluation of this model since 2008. We later published some of the first evidence that pharmacy-physician collaborative care models can improve blood pressure control compared to usual care in a population that is well recognized as being difficult to manage and at higher risk of hypertension-related complications. We demonstrated not only a greater reduction in mean blood pressure, but higher control rates, and more rapid time to blood pressure control, compared to a cohort of patients receiving usual care.
 - a. Dixon DL, Parod ED, **Sisson EM**, Van Tassell BW, Nadpara PA, Dow AW. Impact of a pharmacist-physician collaborative care model on time-in-therapeutic blood pressure range in patients with hypertension. *J Am Coll Clin Pharm.* 2019; 1– 6. <https://doi.org/10.1002/jac5.1115>.
 - b. Ayers J, Cook J, Koenig RA, **Sisson EM**, Dixon DL. Recent Developments in the Role of Coenzyme Q10 for Coronary Heart Disease: a Systematic Review. *Curr Atheroscler Rep.* 16 May 2018;20(6):29. PMID: 29766349 DOI: 10.1007/s11883-018-0730-1.
 - c. **Sisson EM**, Pamulapati L, Bucheit JD, Kelly M, Dixon DL. The Evolving Role of Non-Statin Therapy for the Management of Dyslipidemia and Cardiovascular Risk Reduction: Past, Present, and Future. *Pharmacotherapy* 2018 Feb;38(2):164-171. doi: 10.1002/phar.2074.
 - d. Dixon DL, **Sisson EM**, Parod ED, Van Tassell BW, Nadpara PA, Carl D, Dow A. Pharmacist-physician collaborative care model and time to goal blood pressure in the uninsured population. *J Clin Hypertens.* 2017;00:1–8. doi.org/10.1111/jch.13150.
2. My current practice site is with VCU Health Division of Endocrinology, Diabetes and Metabolism. In the interprofessional NP/PharmD Complex Diabetes clinic, I provide direct patient care and co-manage drug therapy under a collaborative practice agreement with a nurse practitioner and university endocrinologists. In addition to direct patient care, I provide pharmacist leadership of the VCU diabetes remote patient monitoring program and diabetes prevention program. I am a Master Trainer Select and have trained over 500 Diabetes Prevention Program lifestyle coaches since 2019.
 - a. **Sisson EM**. Cutrell S. *ADCES Quick Guide to Medications*, 13th Edition. Chicago: Association of Diabetes Care and Education Specialists; 2023. ISBN: 978-1-881876-71-7.
 - b. Pamulapati LG, **Sisson EM**. *Pharmacotherapy for glucose management*. In: Mensing, C. editor. *The art and science of diabetes care and education*, 6th Edition. Chicago: American Association of Diabetes Educators; 2023. ISBN: 978-1-881876-67-0.
 - c. Bucheit JD, Pamulapati L, **Sisson E**, et al. A Novel Dual Dual Incretin (LY3298176), for the treatment of Type 2 Diabetes Mellitus and Cardiometabolic Health *J Cardiovasc Pharmacol.* 2022;80:171-179.
 - d. Bucheit JD, Pamulapati LG, Carter N, Malloy K, Dixon DL, **Sisson EM**. Oral Semaglutide: A Review of the First Oral Glucagon-Like Peptide 1 Receptor Agonist. *Diabetes Technol Ther.* 2020;22(1):10–18. doi:10.1089/dia.2019.0185.

Complete List of Published Works: <https://pubmed-ncbi-nlm-nih-gov.proxy.library.vcu.edu/?term=Sisson+EM&sort=date&filter=simsearch1.fha&filter=lang.english&filter=journal.category.medline>