Patty Cason is a family nurse practitioner, trainer, and educator with a specialty in sexual and reproductive health. She has practiced for 38 years in a wide variety of clinical and academic settings and is a contracted consultant to training agencies, non-profits, and state departments of health across the United States. Patty developed the "PATH" framework for person-centered reproductive goals and contraception counseling. She is an editor of the 21st Edition of Contraceptive Technology for which she wrote a seminal chapter on reproductive goals and contraception counseling. Patty serves on the ASCCP Board of directors, the National Medical Committee for Planned Parenthood Federation of America, and several advisory boards including the Clinical Training Center for Family Planning. Patty loves making videos to demonstrate counseling skills. Other publications include research and opinion pieces in peer reviewed journals, nationally utilized on-line learning courses, textbook chapters, clinical protocols, job aids, and manuals.