



The 22nd Annual
**Virginia Liver Symposium
& Update in Gastroenterology**

March 24, 2018

New Location this Year!

The Westin Richmond
6631 W. Broad Street | Richmond, Virginia 23230

Presented by VCU Health Division of Gastroenterology, Hepatology and Nutrition, and VCU Health Continuing Medical Education

A.M.

7:00 **Continental Breakfast/Registration**

8:00 **Welcome and Announcements**

John Kuemmerle, MD, AGAF, FACG

SESSION I

Daily Challenges in Clinical Gastroenterology

Educational Objectives:

1. Describe the guidelines for evaluation and management of H. Pylori.
2. Discuss the etiologies, evaluation and treatments for travelers' diarrhea.
3. Outline the indications and outcomes with fecal transplantation.

Moderator: Richard Sterling, MD, MSc, FACP, FACG, FAASLD, AGAF

8:05 **Update on H. Pylori Treatment Guidelines**

George Smallfield, MD, MSPH

8:30 **Travelers' Diarrhea: Evaluation and Treatments**

Michael Stevens, MD, MPH, FACP, FIDSA, FSHEA

8:55 **Update on Fecal Transplant: Indications and Expected Outcomes**

John Kuemmerle, MD, AGAF, FACG

9:20 **Panel Discussion**

9:30 **Alvin Zfass State of the Art Lecture: GERD & Barrett's Esophageous: Burning Issues in 2018**

Marcia Irene Canto, MD

Objective: Explain current evaluation and treatment for GERD and Barrett's esophagus.

10:15 **Break with Exhibitors**

SESSION II

Update on Chronic Liver Diseases

Educational Objectives:

1. Identify the changing indications for treatment of HCV.
2. Describe how to manage decompensated cirrhosis and how to keep your patient out of the hospital.
3. Outline the outcomes of liver transplantation at VCU and living donor transplantation.

Moderator: R. Todd Stravitz, MD

10:35 **Update on Treatment of Chronic HCV: 2018**

Richard Sterling, MD, MSc, FACP, FACG, FAASLD, AGAF

11:00 **Managing Decompensated Cirrhosis: How to Keep Your Patient Out of the Hospital**

Hannah Lee, MD

11:25 **Liver Transplantation in 2018 at VCU**

Trevor Reichman, MD, PhD, FACS

P.M.

12:10 **Panel Discussion**

12:20 **Lunch with Exhibitors**

12:45 **Lunch Workshop Sessions**

A. Pearls for Managing NAFLD/NASH

M. Shadab Siddiqui, MD and Puneet Puri, MD, MBBS

Objective: Discuss managing nonalcoholic fatty liver disease and its comorbidities.

B. Irritable Bowel and Chronic Constipation: Managing Difficult Cases

George Smallfield, MD, MSPH and Pritesh Mutha, MD

Objective: Recognize difficult to treat IBS and constipation.

C. Managing GI Disorders in Women

Silvia Daniela Degli Esposti, MD and Hannah Lee, MD

Objective : Demonstrate an organized approach to managing GI and liver disorders in women.

E. Tricks and Tips in Managing Complicated IBD

Stephen Bickston, MD, AGAF; Emily Rivet, MD, MBA, FACS, FAS-CRS; and John Kuemmerle, MD, AGAF, FACG

Objective: Outline the tricks and tips on managing patients with complicated IBD.

SESSION III

Advances in Gastroenterology and Hepatology

Educational Objectives:

1. Describe liver fibrosis and if it is reversible.
2. Outline gallbladder disease from stones to SOD.
3. Recognize when surgery is needed to manage IBD.

Moderator: Stephen Bickston, MD, AGAF

1:45 **Liver Fibrosis, is it Really Carved in Stone?**

Bruce Luxon, MD, PhD

2:15 **Gallbladder Disease: It's in the Bag.**

Ravi Vachhani, MD

2:45 **Surgical Management of IBD**

Jamie Bohl, MD, FACS, FASCRS

3:15 **Panel Discussion**

3:25 **Break with Exhibitors**

SESSION IV

Recent Advances in Hepatology

Educational Objectives:

1. Evaluate abnormal liver enzymes.
2. Discuss cardiac-liver axis in fatty liver disease.
3. Recognize and manage acute and chronic alcoholic liver disease.

Moderator: W. Michael Pandak, Jr., MD, FACP, FAHA, AGAF
FAASLD

3:40 **Evaluation of Abnormal Liver Enzymes: Shot Gun or Targeted Approach**

Scott Matherly, MD

4:05 **Understanding the Cardiac-Liver Axis in Non-Alcoholic Fatty Liver Disease**

M. Shadab Siddiqui, MD

4:30 **Management of Acute and Chronic Alcoholic Liver Disease**

Binu John, MD

4:50 **Panel Discussion**

5:00 **Final Comments**

Richard Sterling, MD, MSc, FACP, FACG, FAASLD, AGAF

Course Description and Target Audience

The Division of Gastroenterology, Hepatology and Nutrition, the Liver Transplant Program, and VCU Health Continuing Medical Education are pleased to offer the 22nd Annual Virginia Liver Symposium and Update in Gastroenterology in Richmond, Virginia at the Westin Richmond Hotel. The program is designed for primary care and sub-specialty physicians, and mid-level medical providers who treat patients with gastrointestinal and liver disorders.

Course Objectives

- Discuss treatment strategies for the management of daily challenges in clinical gastroenterology.
- Review recent research advances and current literature of advances in treatment of chronic liver disease.
- Review recent advances and current literature in gastroenterology and hepatology.

VCU Health Course Directors

Richard K. Sterling, MD, MSc, FACP, FACC, FAASLD, AGAF

Hepatology Professor of Medicine
Chief, Section of Hepatology
Division of Gastroenterology, Hepatology and Nutrition

George Smallfield, MD, MSPH

Assistant Professor of Medicine
Division of Gastroenterology, Hepatology and Nutrition

Visiting Faculty

Bruce A. Luxon, MD, PhD

Anton and Margaret Fuisz Chair in Medicine
Chairman and Physician in Chief
Department of Medicine
Georgetown University

Marcia Irene Canto, MD

Professor of Medicine and Oncology
Director, Johns Hopkins Multidisciplinary Heartburn Center of Excellence
Johns Hopkins Medicine

VCU Health Faculty

Trevor Reichman, MD, PhD, FACS

Associate Professor of Surgery
Director, Liver Transplantation

Jamie Bohl, MD, FACS, FASCRS

Associate Professor of Surgery

Emily Rivet, MD, MBA, FACS, FASCRS

Associate Professor of Surgery

Michael Stevens, MD, MPH, FACP, FIDSA, FSHEA

Associate Professor of Internal Medicine
Associate Chair, Division of Infectious Diseases
Director, Travel & Tropical Medicine Clinic

VCU Health Division of Gastroenterology, Hepatology and Nutrition Faculty

Stephen Bickston, MD, AGAF

Professor of Internal Medicine
Director, Inflammatory Bowel Disease Center
Associate Chair of Gastroenterology

Silvia Daniela Degli Esposti, MD

Associate Professor of Medicine
Director, Women's GI Disorders

Binu John, MD

Assistant Professor of Medicine
Medical Director, Liver Transplantation
VA Medical Center

John Kuemmerle, MD, AGAF, FACC

Charles M. Caravati Professor of Medicine
Chair, Division of Gastroenterology, Hepatology and Nutrition

Hannah Lee, MD

Assistant Professor of Medicine
Co-Director, Hepatocellular Cancer Clinic

Pritesh Mutha, MD

Assistant Professor of Medicine
Hunter Holmes McGuire VA Medical Center

Scott Matherly, MD

Assistant Professor of Medicine
Co-Director, Hepatocellular Cancer Clinic

W. Michael Pandak, Jr., MD, FACP, FAHA, AGAF, FAASLD

Professor of Medicine
Hunter Holmes McGuire VA Medical Center

Puneet Puri, MD, MBBS

Associate Professor of Medicine
Hunter Holmes McGuire VA Medical Center

M. Shadab Siddiqui, MD

Assistant Professor of Medicine

R. Todd Stravitz, MD

Professor of Medicine
Medical Director, Liver Transplantation

Ravi Vachhani, MD

Associate Professor of Medicine
Gastroenterology Fellowship Director

Conference Location

The Westin Richmond Hotel is located at 6631 W. Broad Street, Richmond, VA 23230. Complimentary parking is available.

Accommodations

A block of rooms has been reserved at The Westin until **Friday, March 9, 2018**. The special room rate is \$129.00 (plus 13.3% tax) for single or double occupancy.

Book online

<https://www.starwoodmeeting.com/Book/VCUCME03242018>

Book by phone

Call 1-888-627-7786 and identify yourself as a participant of the VCU Health Liver Symposium block to receive the special rate.

Conference Manager

Mary McLeese

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Accreditation and Credit

Physicians

VCU Health Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

VCU Health Continuing Medical Education designates this live activity for a maximum of 8.0 **AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This Live activity, The 22nd Annual Virginia Liver Symposium & Update in Gastroenterology, with a beginning date of 03/24/2018, has been reviewed and is acceptable for up to 8.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to **8 MOC points** in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program.

Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Nurses

ANCC and the Virginia Board of Nursing accept **AMA PRA Category 1 Credits™** from organizations accredited by the ACCME.

Physician Assistants

AAPA accepts certificates of participation for educational activities certified for **AMA PRA Category 1 Credits™** from organizations accredited by the ACCME.

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Disclosure Statement

In compliance with ACCME Standards, all planners and presenter relationships with commercial supporters have been resolved. All presenting faculty affirm that they will employ the best available evidence from all sources to support any clinical recommendations made in their presentations. If learners detect any commercial bias in any presentation, they should document their observations on the Activity Evaluation.

About the Division of Gastroenterology, Hepatology and Nutrition

The Division of Gastroenterology, Hepatology and Nutrition has a long tradition of excellence in clinical practice, education and research, and remains dedicated to this pursuit of excellence. The scope of clinical operations and faculty expertise cover the entire spectrum of gastrointestinal and liver health and diseases. Special programs focus on esophageal disorders, gastrointestinal cancer, women's health, inflammatory bowel disease, intestinal failure, obesity, pancreatic disorders, fatty liver disease, viral hepatitis and liver transplantation and are part of some of the premier services offered here at the VCU Health System.

Along with a cutting-edge seven-room endoscopy suite offering advanced endoscopic procedures, the hepatology program remains one of the premier programs in the country. The GI Division at the Veterans Affairs Medical Center, has equally innovative clinical programs including endoscopic ultrasound, liver transplantation and

inflammatory bowel disease. The GI Division has a long standing, multifaceted educational program with offerings for medical students, residents, fellows, community physicians and other gastroenterologists.

The NIH-funded academic training program is in its 40th year and has produced numerous leaders in the field of gastroenterology and hepatology. The impact of this division on the state-of-the-art of gastroenterology, hepatology and nutrition continues to be strong and can be assessed by both the quality and number of publications. In addition, numerous faculty members have research funding from the NIH and/or the Department of Veterans Affairs. Thus, the division remains strong and committed to being a fertile training ground for future leaders in gastroenterology.

Registration

Register online at cme.vcuhealth.org/liver

Early Registration – ends 2/19

- Physician - \$200 (includes MOC)
- Non VCU-Residents & Fellows - \$105
Residents & Fellows not affiliated with VCU Health System or McGuire VA Medical Center must provide letter of verification from Program Director
- Healthcare Providers - \$105
- Non – GI/Hepatology Research Staff - \$65
Subject to Department approval

Regular Registration – by 3/9

- Physician - \$225 (includes MOC)
- Non VCU-Residents & Fellows - \$125
Residents & Fellows not affiliated with VCU Health System or McGuire VA Medical Center must provide letter of verification from Program Director
- Healthcare Providers - \$125
- Non – GI/Hepatology Research Staff - \$85
Subject to Department approval

Late Registration – after 3/9

- Physician - \$250 (includes MOC)
- Non VCU-Residents & Fellows - \$150
Residents & Fellows not affiliated with VCU Health System or McGuire VA Medical Center must provide letter of verification from Program Director
- Healthcare Providers - \$150
- Non – GI/Hepatology Research Staff - \$110
Subject to Department approval

Fee waived for VCU Health / McGuire VA Medical Center

- Residents and GI Fellows
Must provide letter of verification from Program Director
- GI Faculty
Subject to Department approval
- Transplant Staff
Subject to Department approval

Syllabus

Free Download Available

- USB Syllabus - \$15
- Printed Syllabus - \$50

Cancellation Policy

Registration fee, less a \$60.00 non-refundable administrative fee, will be refunded only if written notice of cancellation is received on or before March 5, 2018.

Conference Questions or Special Conference Accommodations

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