



The 23rd Annual

Virginia Liver Symposium & Update in Gastroenterology

April 27, 2019

The Westin Richmond
6631 W. Broad Street | Richmond, Virginia 23230

Presented by VCU Health Division of Gastroenterology, Hepatology and Nutrition, and VCU Health Continuing Medical Education

A.M.

7:00 **Continental breakfast/registration**

8:00 **Welcome and announcements**

John Kuemmerle, MD, AGAF, FACC

SESSION I

Daily challenges in clinical gastroenterology

Educational objectives:

1. To learn the updated guidelines for evaluation and medical management of NASH.
2. To understand the various medical weight loss programs and expected outcomes.
3. To understand the various surgical weight loss programs and expected outcomes.

Moderator: Richard Sterling, MD, MSc, FACP, FACC, FAASLD, AGAF

8:05 **Update on evaluation and medical treatments of NASH**
M. Shadab Siddiqui, MD

8:30 **Medical weight loss**
Susan Wolver, MD, FACP

8:55 **Surgical weight loss**
Guilherme M. Campos, MD, PhD, FACS, FASMBS

9:20 **Panel discussion**

9:30 **Alvin Zfass State of the Art Lecture: Fifty years of ERCP**
Peter B. Cotton, MD, FRCS, FRCP
Objective: To understand the history of ERCP and its current uses.

10:15 **Break with exhibitors**

SESSION II

Update on common GI diseases

Educational objectives:

1. To understand presentation and management of IBD in the elderly.
2. To understand how to manage acute pancreatitis.
3. To understand best practices in managing upper GI bleeding.

Moderator: Stephen Bickston, MD, AGAF

10:35 **Update on inflammatory bowel disease in the elderly**
Jill Gaidos, MD

11:00 **Update on management of acute pancreatitis**
Doumit BouHaidar, MD, AGAF

11:25 **Update on management of acute upper GI bleeding**
George Smallfield, MD, MSPH

P.M.

12:10 **Panel discussion**

12:20 **Lunch with exhibitors**

12:45 **Lunch workshop sessions**

A. Pearls for managing viral hepatitis

Richard Sterling, MD, Carolyn Driscoll, NP, Reena Cherian, NP, and Shawn Lewis, NP

Objective: To understand managing viral hepatitis C and B in 2019.

B. Pearls in managing decompensated cirrhosis

M. Shadab Siddiqui, MD, Hannah Lee, MD, Scott Matherly, MD, R. Todd Stravitz, MD

Objective: Understand current management of decompensated cirrhosis.

C. Diet and microbiome in IBS: Low FOD MAP, Gluten free and beyond

Silvia Daniela Degli Esposti, MD and Ann Leggett, NP

Objective : Understand how the diet and microbiome impact IBS.

D. Tricks and tips in managing complicated IBD

Stephen Bickston, MD, AGAF, Jill Gaidos, MD, FACC and John Kuemmerle, MD, AGAF, FACC

Objective: Outline the tricks and tips on managing patients with complicated IBD.

SESSION III

Advances in hepatocellular carcinoma

Educational objectives:

1. To understand the epidemiology and changing paradigm of hepatocellular carcinoma.
2. To understand how we use imaging to evaluate liver lesions.
3. To know how to manage hepatocellular carcinoma.

Moderator: R. Todd Stravitz, MD

1:45 **The epidemiology of HCC in 2019: A changing paradigm**
Hashem B. El-Serag, MD, MPH

2:15 **Evaluation of the liver lesion: See spot, don't run**
Ryan Clayton, MD

2:45 **HCC: Management 2019**
Scott Matherly, MD

3:15 **Panel discussion**

3:25 **Break with exhibitors**

SESSION IV

Recent advances in hepatology

Educational objectives:

1. To understand how to evaluate autoimmune hepatitis.
2. To understand how to manage constipation.
3. To recognize and manage liver disease in pregnancy.

Moderator: Ravi Vachhani, MD

3:40 **Management of autoimmune hepatitis**
Vaishali Patel, MD

4:05 **Constipation: When the going gets tough**
John Kuemmerle, MD, AGAF, FACC

4:30 **Liver disease in pregnancy**
Richard Sterling, MD, MSc, FACP, FACC, FAASLD, AGAF

4:50 **Panel discussion**

5:00 **Final comments**
Richard Sterling, MD, MSc, FACP, FACC, FAASLD, AGAF

Course Description and Target Audience

The Division of Gastroenterology, Hepatology and Nutrition, the Liver Transplant Program, and VCU Health Continuing Medical Education are pleased to offer the 23rd Annual Virginia Liver Symposium and Update in Gastroenterology in Richmond, Virginia at the Westin Richmond Hotel. The program is designed for primary care and sub-specialty physicians, and advanced practice providers who treat patients with gastrointestinal and liver disorders.

Course Objectives

- Discuss treatment strategies for the management of daily challenges in clinical gastroenterology.
- Review recent research advances and current literature of advances in treatment of chronic liver disease.
- Review recent advances and current literature in gastroenterology and hepatology.

VCU Health Course Directors

Richard K. Sterling, MD, MSc, FACP, FACC, FAASLD, AGAF

Hepatology Professor of Medicine
Chief, Section of Hepatology
Division of Gastroenterology, Hepatology and Nutrition

George Smallfield, MD, MSPH

Assistant Professor of Medicine
Division of Gastroenterology, Hepatology and Nutrition

Visiting Faculty

Peter B. Cotton, MD, FRCS, FRCP

Professor of Medicine
Digestive Disease Center
Medical University of South Carolina

Hashem B. El-Serag, MD, MPH

Margaret M. and Albert B. Alkek Professor and Chair,
Department of Medicine
Baylor College of Medicine

VCU Health Faculty

Guilherme M. Campos, MD, PhD, FACS, FASMBS

Professor of Surgery
Chairman, Division of Bariatric and Gastrointestinal Surgery
Paul J. Nutter Eminent Scholar Endowed Chair in Surgery
Director, Bariatric Surgery Program
Director, Advanced GI and MIS Fellowship

Ryan David Clayton, MD

Assistant Professor of Radiology

Susan Wolver, MD, FACP

Associate Professor, General Internal Medicine
Physician Informaticist
Obesity Medicine Specialist

VCU Health Division of Gastroenterology, Hepatology and Nutrition Faculty

Stephen Bickston, MD, AGAF

Professor of Internal Medicine
Director, Inflammatory Bowel Disease Center
Associate Chair of Gastroenterology

Doumit BouHaidar, MD, AGAF

Associate Professor of Medicine
Director of Therapeutic Endoscopy

Reena Cherian, FNP

Division of Gastroenterology

Silvia Daniela Degli Esposti, MD

Associate Professor of Medicine
Director, Women's GI Disorders

Carolyn Driscoll, PhD, FNP-C

Division of Gastroenterology

Jill Gaidos, MD, FACC

Associate Professor of Medicine
Hunter Holmes McGuire VA Medical Center

John Kuemmerle, MD, AGAF, FACC

Charles M. Caravati Professor of Medicine
Chair, Division of Gastroenterology, Hepatology and Nutrition

Hannah Lee, MD

Assistant Professor of Medicine

Ann Leggett, NP

Division of Gastroenterology

Shawn Lewis, NP

Division of Gastroenterology

Scott Matherly, MD

Assistant Professor of Medicine

Vaishali Patel, MD

Assistant Professor of Medicine

M. Shadab Siddiqui, MD

Assistant Professor of Medicine

R. Todd Stravitz, MD

Professor of Medicine
Medical Director, Liver Transplantation

Ravi Vachhani, MD

Associate Professor of Medicine
Gastroenterology Fellowship Director

Conference Location

The Westin Richmond Hotel is located at 6631 W. Broad Street, Richmond, VA 23230. Complimentary parking is available.

Accommodations

A block of rooms has been reserved at The Westin until **Friday, April 12, 2019.** The special room rate is \$129.00 (plus 13.3% tax) for single or double occupancy.

Book online

<https://www.starwoodmeeting.com/Book/vcuh0419>

Book by phone

Call 1-888-627-7786 and identify yourself as a participant of the VCU Health CME block to receive the special rate.

Conference Manager

Mary McLeese

VCU Health Continuing Medical Education
Box 980048 | Richmond, VA 23298
804.828.5415 | maryellen.mcleese@vcuhealth.org

Accreditation and Credit

Physicians

VCU Health Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

VCU Health Continuing Medical Education designates this live activity for a maximum of 8.0 **AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to **8 MOC points** in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program.

Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

VCU Health Continuing Medical Education awards 8 hours of participation (equivalent to **AMA PRA Category 1 Credits™**) to each non-physician participant who successfully completed this educational activity.

Disclosure Statement

In compliance with ACCME Standards, all planners and presenter relationships with commercial supporters have been resolved. All presenting faculty affirm that they will employ the best available evidence from all sources to support any clinical recommendations made in their presentations. If learners detect any commercial bias in any presentation, they should document their observations on the Activity Evaluation.

About the Division of Gastroenterology, Hepatology and Nutrition

The Division of Gastroenterology, Hepatology and Nutrition has a long tradition of excellence in clinical practice, education and research, and remains dedicated to this pursuit of excellence. The scope of clinical operations and faculty expertise cover the entire spectrum of gastrointestinal and liver health and diseases. Special programs focus on esophageal disorders, gastrointestinal cancer, women's health, inflammatory bowel disease, intestinal failure, obesity, pancreatic disorders, fatty liver disease, viral hepatitis and liver transplantation and are part of some of the premier services offered here at the VCU Health System.

Along with a cutting-edge seven-room endoscopy suite offering advanced endoscopic procedures, the hepatology program remains one of the premier programs in the country. The GI Division at the Veterans Affairs Medical Center, has equally innovative clinical programs including endoscopic ultrasound, liver transplantation and inflammatory bowel disease. The GI Division has a long standing, multifaceted educational program with offerings for medical students, residents, fellows, community physicians and other gastroenterologists.

The NIH-funded academic training program is in its 40th year and has produced numerous leaders in the field of gastroenterology and hepatology. The impact of this division on the state-of-the-art of gastroenterology, hepatology and nutrition continues to be strong and can be assessed by both the quality and number of publications. In addition, numerous faculty members have research funding from the NIH and/or the Department of Veterans Affairs. Thus, the division remains strong and committed to being a fertile training ground for future leaders in gastroenterology.

Registration

Register online at vcu.cloud-cme.com/liver

Early Registration – ends 3/25

\$225	Physician (includes MOC)
\$125	Non VCU-Residents & Fellows*
\$125	Healthcare Providers (non-physician)
\$85	Non – GI/Hepatology Research Staff <i>Subject to Department approval</i>

Regular Registration – after 3/25

\$250	Physician (includes MOC)
\$150	Non VCU-Residents & Fellows*
\$150	Healthcare Providers (non-physician)
\$110	Non – GI/Hepatology Research Staff <i>Subject to Department approval</i>

* Residents & Fellows not affiliated with VCU Health System or McGuire VA Medical Center must provide letter of verification from Program Director

Syllabus

Free Download Available

- USB Syllabus - \$15
- Printed Syllabus - \$50

Register by December 31, 2018 and receive a complimentary USB syllabus!

Cancellation Policy

Registration fee, less a \$60.00 non-refundable administrative fee, will be refunded only if written notice of cancellation is received on or before April 8, 2019.

Conference Questions or Special Conference Accommodations

VCU Health Continuing Medical Education
804.828.3640 | 800.413.2872 | cmeinfo@vcuhealth.org