2020 Advances in Obstetrics and Gynecology Conference

Friday, February 7, 2020

The Library of Virginia
800 East Broad Street, Richmond, VA 23219

Presented by the Ware-Dunn Society and the VCU Department of Obstetrics and Gynecology
First Scientific Session:

AM
8:00 – 8:30 Welcome Breakfast and Registration
Library of Virginia

8:30 – 9:45 Chief Resident Research Presentations

9:50 – 10:00 Question and Answer Break
Moderator: Amanda H. Ritter, MD

10:00 – 10:50 Dean R. Goplerud Lecture: Boning Up on Osteoporosis
Suzanne M. Jan de Beur, MD
Objectives:
1. Identify patients that are high risk of fracture and osteoporosis.
2. Initiate appropriate evaluation and treatment of the postmenopausal women with osteoporosis.

10:50 – 11:00 Question and Answer Break

11:00 – 11:20 45 is the New 26, or is it? An Update on HPV Vaccines and Cancer Prevention
Nicole W. Karjane, MD
Objectives:
1. Describe the burden of HPV infection and related disease.
2. Review latest HPV vaccination recommendations and data, including safety and impact.
Caring for Women and Families Affected by Addiction – Advice From an Expert
Caitlin E. Martin, MD, MPH
Objectives:
1. Appreciate the challenges women experience advancing in their recovery of addiction through the peripartum period.
2. Identify ways healthcare providers can optimize compassion in the provision of evidence-based treatment for substance use disorders.

Question and Answer Break

Lunch, The Library of Virginia
Ware-Dunn Business Meeting

Second Scientific Session:

Moderator: Christine R. Isaacs, MD
PM
1:00 – 1:20 Leo J. Dunn Lecture: Endometriosis: Is it Really a Benign Disease?
James H. Segars Jr., MD
Objectives:
1. Counsel a patient with endometriosis regarding her risk of ovarian cancer and associated diseases.
2. Understand the role of somatic mutations to lesion development in endometriosis.
The New Science of Ovarian Folliculogenesis: A New Treatment for Primary Ovarian Insufficiency?
James H. Segars Jr., MD
Objectives:
1. Understand how removal of ovarian cortex leads to follicle activation.
2. Understand how mechanical signaling may promote follicle activation.

Afterlife, Sunken Treasures of Black Pharaohs, and Maternal-Fetal Death in the Ancient Past
John R. Partridge, MD
Objectives:
1. Developing an understanding of the culture and history of the kingdom of the ancient Nubian Kings and Pharaohs.
2. Understanding health challenges faced in current times by archeological teams in the Sahara.

Ultrasound Scanning Tips
Donna A. Justis, RDMS
Objectives:
1. Review helpful tips for Ob/Gyn scanning.
2. Understand ultrasound images and measurements.

Bariatric and Metabolic Surgery in 2020
Guilherme Rocha Campos, MD, PhD, FACS, FASMBS
Objectives:
1. Understand the current options in minimally invasive and endoscopic techniques for Bariatric and Metabolic Surgery.
2. Understand the standards for appropriate referrals to Bariatric and Metabolic Surgery.
3:20 – 3:40  **Diastasis Rectus Abdominis: Width vs. Depth**  
Meghan W. Swenck, PT, DPT, WCS  
Objectives:  
1. Understand the mechanisms of DRA with respect to both width and depth.  
2. Understand DRA protection principles for at least one functional movement.

3:40 – 4:00  **Question and Answer Break**

4:00 – 4:20  **Resisting the Urge: Prescribing Pitfalls in the Geriatric Population**  
Sarah E. Hobgood, MD, AGSF  
Objectives:  
1. Understand how common geriatric syndromes affect prescribing.  
2. Updates on the BEERS list and its implications for gynecologic problems.

4:20 – 4:40  **Bringing Life to Death: An End-of-Life Doula’s Approach**  
Shelby H. Kirillin, RN  
Objectives:  
1. Understanding of our current, modern culture’s views on death and dying.  
2. Explain what end-of-life doulas are and some of the services they can provide.

4:40 – 5:00  **Questions and Answers/Closing**
Course Description and Target Audience

The Ware-Dunn Society and the Department of Obstetrics and Gynecology are pleased to offer the 2020 Advances in Obstetrics and Gynecology Conference in Richmond, Virginia, at The Library of Virginia.

The program has been designed for obstetrician-gynecologists, Ob/Gyn nurse practitioners, family practitioners and primary care providers in clinical practice in Virginia and nearby states. This one-day program will provide an intense update on caring for women and families affected by addiction, an update on HPV and cancer prevention, endometriosis, bone health, fibroid management, maternal death in the ancient past, ultrasound tips, bariatric and metabolic surgery, physical therapy and rectus diastasis, geriatric care, and bringing life to death: an end-of-life doula’s approach.

Accreditation and Credit

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of VCU Health Continuing Medical Education and the Ware-Dunn Society. VCU Health Continuing Medical Education is accredited by the ACCME to provide continuing medical education for physicians.

VCU Health Continuing Medical Education designates this live activity for a maximum of 7 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: ANCC and the Virginia Board of Nursing accept AMA PRA Category 1 Credits™ from organizations accredited by the ACCME for your CNE contact hour requirements for recertification or relicensure.

The American College of Obstetricians and Gynecologists has assigned 7 cognates (Formal Learning) to this program.
Conference Faculty

**LEO J. DUNN LECTURER**
James H. Segars, Jr., MD
Director, Division of Reproductive Science and Women’s Health Research
Howard and Georgeanna Jones Professor of Gynecology and Obstetrics
Johns Hopkins University School of Medicine
Baltimore, MD

**DEAN R. GOPLERUD LECTURER**
Suzanne M. Jan de Beur, MD
Director, Johns Hopkins Institute for Clinical and Translational Research
Bayview Clinical Research Unit Associate Professor, Department of Medicine
Johns Hopkins University School of Medicine
Baltimore, MD

Guilherme M. Campos, MD, PhD, FACS, FASMBS
Paul J. Nutter Professor of Surgery Chair, Division of Bariatric and Gastrointestinal Surgery Department of Surgery

Aaron E. Goldberg, MD
Assistant Professor General Obstetrics and Gynecology Department of Obstetrics and Gynecology

Sarah E. Hobgood, MD, AGSF
Associate Professor of Internal Medicine Program Director Geriatrics Fellowship Director of Inpatient Geriatric Consult Services

Christine R. Isaacs, MD
Professor Division Chair, General Obstetrics and Gynecology Department of Obstetrics and Gynecology

Donna A. Justis, RDMS
Department of Obstetrics and Gynecology VCU Health

Nicole W. Karjane, MD
Professor and Residency Program Director General Obstetrics and Gynecology Department of Obstetrics and Gynecology

Shelby H. Kirillin, RN
Certified End-of-Life Doula A Peaceful Passing, LLC Henrico, VA

Caitlin E. Martin, MD, MPH
Assistant Professor General Obstetrics and Gynecology Department of Obstetrics and Gynecology

Cary S. Oaster, DNP, WHNP-BC
Department of Obstetrics and Gynecology VCU Health

John R. Partridge, MD
Clinical Professor Department of Obstetrics and Gynecology

Amanda H. Ritter, MD
Assistant Professor General Obstetrics and Gynecology Department of Obstetrics and Gynecology

Meghan W. Swenck, PT, DPT, WCS
Physical Therapist, Clinician III VCU Health
Conference Location
The Advances in Obstetrics and Gynecology conference will be held at The Library of Virginia, 800 East Broad Street, Richmond, Virginia.

Lodging Accommodations
The Berkeley
1200 East Cary Street, 804-780-1300

Omni Richmond Downtown
100 South 12th Street, 804-344-7000

Richmond Marriott
500 East Broad Street, 804-643-3400

Hilton Richmond Downtown
501 East Broad Street, 804-344-4300

Directions/Transportation
BY AIR: Richmond International Airport is 10 miles from the VCU Medical Center Campus.

BY CAR: Richmond is located directly off Interstates 95 and 64, two hours south of Washington, DC.

Public Parking
310 North 8th Street
607 East Marshall Street
Coliseum Deck, North 7th Street
9th & Marshall Street

Registration
The course registration fee is $260.00 for physicians, and $150.00 for physicians-in-training (letter of residency verification must accompany registration fee) and other health care professionals. The registration fee includes tuition, continental breakfast, coffee breaks and lunch. Online registration preferred at www.cme.vcu.edu (using Google Chrome). Mail Registration Form and Check to: Registrar/UHS-PEP, Inc., Box 980048, Richmond, VA 23298-0048. Fax Registration to (804) 828-7438.
All registrations include a NONREFUNDABLE $60 administrative fee. To receive tuition refund, less the administrative fee, WRITTEN NOTICE OF CANCELLATION must be on or before January 17, 2020.

**ADA/EEO Policy**

Virginia Commonwealth University is an equal opportunity/affirmative action institution. If special accommodations are needed, please contact Nancy Veney at 804-828-7877.
Advances in Obstetrics and Gynecology Conference

Online Registration Preferred at cme.vcuhealth.org
(Using Google Chrome)

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800 East Broad Street Richmond, VA 23219

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Please PRINT information below

First name                                   Last name

Firm

Degree/Specialty/Certification

Mailing address

City                                                  State                              Zip

Telephone (home or cell)

Email (required)

Make Check payable to: UHS-PEP. Mail Registration Form and check to:
Registrar/UHS-PEP, Inc., Box 980048, Richmond, VA 23298-0048
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