



The 26<sup>th</sup> Annual

# Virginia Liver Symposium & Update in Gastroenterology

April 23, 2022

Virtual Symposium

Presented by VCU Health Division of Gastroenterology, Hepatology and Nutrition, and VCU Health Continuing Education



**VCU**Health™

Continuing Education

## A.M.

- 8:00 **Welcome and announcements**  
Arun Sanyal, MD

## SESSION I

### Daily challenges in clinical gastroenterology

#### Educational objectives:

1. To understand the current methods to diagnose and treat H. Pylori.
2. To understand colon cancer screening modalities and which one is best for your patient
3. To learn about use of artificial intelligence for polyp detection.
4. To know to role of the gastroenterologist in the management of esophageal cancer.

**Moderator:** Ravi Vachhani, MD

- 8:05 **Update on H. Pylori: Diagnosis and treatment**  
George Smallfield, MD

- 8:30 **Colon Cancer screening: stool, scope, or scan**  
Matt Kaspar, MD

- 8:55 **Use of artificial intelligence for polyp detection:  
The future of endoscopy**  
Joseph Spataro, MD

- 9:20 **Panel discussion**

- 9:30 **Alvin Zfass State of the Art Lecture:  
Esophageal Cancer: The role of the gastroenterologist**  
Tilak Shah, MD, MHS

- 10:00 **Break with exhibitors**

## SESSION II

### Recent advances in hepatology

#### Educational objectives:

1. To better understand why those with cirrhosis are at increased risk of infections and their impact on clinical outcomes.
2. To know the latest guidelines from the AASLD on noninvasive assessments of liver disease.
3. To learn about the newer treatments for NASH.

**Moderator:** Joel Wedd, MD, MPH

- 10:30 **Infections and cirrhosis**  
Jas Bajaj, MD

- 10:55 **Noninvasive assessment of liver disease:  
AASLD Guidelines**  
Richard Sterling, MD, MSc

- 11:20 **Newer treatments for NASH**  
M. Shadab Siddiqui, MD

- 11:50 **Liver transplantation for acute alcoholic hepatitis**  
Vaishali Patel, MD

- 11:45 **Panel discussion**

## P.M.

- 12:00 **Extended break**

- 12:30 **Workshop sessions**

### A. Challenging cases in inflammatory bowel disease

Stephen Bickston, MD

Objective: To help the learner better manage challenging inflammatory bowel disease.

### B. Managing complications of cirrhosis

Scott Matherly, MD and Joel Wedd, MD

Objective: To learn how to recognize and manage complications of cirrhosis.

### C. What's new in viral hepatitis B and C

Hannah Lee, MD and Richard Sterling, MD, MSc

Objective: To learn what is new about managing chronic HCV and HBV.

## SESSION III

### Liver diseases and transplantation

#### Educational objectives:

1. To recognize frailty and sarcopenia in cirrhosis and their impact on outcomes in cirrhosis.
2. To understand who to screen for HCC and newer treatments for HCC.
3. To understand the changing paradigm of liver transplantation for those with alcoholic liver disease.
4. To learn about living donor transplant and when it is used to treat end stage liver disease.

**Moderator:** Jas Bajaj, MD

- 1:45 **Frailty and sarcopenia in cirrhosis**  
Scott Matherly, MD

- 2:10 **Update on HCC**  
Hannah Lee, MD

- 2:35 **Alcoholic liver disease and liver transplantation:  
A changing paradigm**  
Amon Asgharpour, MD

- 2:50 **Living donor transplant**  
Vinay Kumaran, MD

- 3:15 **Panel discussion**

- 3:25 **Break with exhibitors**

## SESSION IV

### Update on challenging GI diseases

#### Educational objectives:

1. To know when islet auto-transplantation with pancreatotomy is used to treat chronic pancreatitis.
2. To understand what hypermotility disorders are and how they affect the GI tract.
3. To learn how to manage occult GI bleeding.

**Moderator:** Stephen Bickston, MD

- 3:40 **Total pancreatectomy - Islet auto-transplantation for  
chronic pancreatitis**  
Marlon Levy, MD

- 4:05 **Hypermotility disorders and the GI tract:  
Evaluation and management**  
Silvia Delgi Esposti, MD

- 4:30 **Occult GI Bleeding**  
Doumit BouHaidar, MD

- 4:55 **Panel discussion**

- 5:10 **Final comments**  
Richard Sterling, MD, MSc



## Course description and target audience

The Division of Gastroenterology, Hepatology and Nutrition, the Liver Transplant Program, and VCU Health Continuing Education are pleased to offer the 26<sup>th</sup> Annual Virginia Liver Symposium and Update in Gastroenterology taking place online. The virtual program is designed for primary care and sub-specialty physicians, and mid-level medical providers who treat patients with gastrointestinal and liver disorders.

## Course objectives

- Discuss treatment strategies for the management of daily challenges in clinical gastroenterology.
- Review recent research advances and current literature of advances in treatment of chronic liver disease.
- Review recent advances and current literature in gastroenterology and hepatology.

## VCU Health course directors

### Richard K. Sterling, MD, MSc, FACP, FACG, FAASLD, AGAF

Hepatology Professor of Medicine  
Chief, Section of Hepatology  
Division of Gastroenterology, Hepatology and Nutrition

### George Smallfield, MD, MSPH, AGAF

Associate Professor of Medicine  
Division of Gastroenterology, Hepatology and Nutrition

### Allison Lewis, BSN, MSN

Program Manager  
Hume-Lee Transplant Center

## VCU Health faculty

### Vinay Kumaran, MD

Professor of Surgery  
Surgical Director, Living Donor Liver Transplant

### Marlon F. Levy, MD, MBA

David M. Hume Endowed Professor and Chair,  
Division of Transplantation  
Director, Hume-Lee Transplant Center  
Surgical Director of Transplantation  
Professor of Surgery

## VCU Health Division of Gastroenterology, Hepatology and Nutrition faculty

### Amon Asgharpour, MD

Assistant Professor of Medicine

### Jas Bajaj, MD, FAASLD

Professor of Medicine

### Stephen Bickston, MD, AGAF

Professor of Internal Medicine  
Director, Inflammatory Bowel Disease Center  
Associate Chair of Gastroenterology

### Doumit BouHaidar, MD, AGAF

Associate Professor of Medicine  
Director of Therapeutic Endoscopy

### Silvia Daniela Degli Esposti, MD

Associate Professor of Medicine  
Director, Women's GI Disorders

### Matthew Kaspar, MD

Assistant Professor of Medicine  
Director of GI-Nutrition

### Hannah Lee, MD

Assistant Professor of Medicine  
Co-Director, HCC Clinic

### Sasha Mangray, MD

Assistant Professor of Medicine

### Scott Matherly, MD

Associate Professor of Medicine  
Co-Director, HCC Clinic  
Program Director, Transplant Hepatology

### Vaishali Patel, MD, MD

Assistant Professor of Medicine

### Arun Sanyal, MD

Professor of Medicine  
Chair, Division of Gastroenterology, Hepatology and Nutrition

### Tilak Shah, MD, MHS, FACG

Associate Professor of Medicine  
Director of Endoscopy and Interventional Endoscopy  
Central Virginia Veterans Healthcare System

### M. Shadab Siddiqui, MD

Associate Professor of Medicine

### Joseph Spataro, MD

Assistant Professor of Medicine  
Central Virginia Veterans Healthcare System

### Ravi Vachhani, MD

Associate Professor of Medicine  
Gastroenterology Fellowship Director

### Joel Wedd, MD, MPH

Associate Professor of Medicine  
Medical Director, Liver Transplantation

## Accreditation and credit



VCU Health Continuing Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

VCU Health Continuing Education designates this live activity for a maximum of 8.0 **AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

VCU Health Continuing Education designates this activity for a maximum of 8.0 **ANCC contact hours**. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with American Academy of Family Physicians. Determination of credit pending.



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to **8 MOC points** in

the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program.

Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

## Disclosure statement

In compliance with ACCME Standards, all planners and presenter relationships with commercial supporters have been resolved. All presenting faculty affirm that they will employ the best available evidence from all sources to support any clinical recommendations made in their presentations. If learners detect any commercial bias in any presentation, they should document their observations on the activity evaluation.

# Registration | Register online at [vcu.cloud-cme.com/liver](https://vcu.cloud-cme.com/liver)

## Registration rates

\$70	Physician ( <i>includes MOC</i> )
\$50	Healthcare Providers (non-physician)

**Syllabus** Free download available

## Cancellation policy

Registration fee, less a 25% non-refundable administrative fee, will be refunded only if written notice of cancellation is received via email to [ceinfo@vcuhealth.org](mailto:ceinfo@vcuhealth.org) **on or before April 1, 2022**. There will be no refunds after that date.

## Questions?

Contact VCU Health Continuing Education.

Box 980048 | Richmond, VA | 804.828.3640 | [ceinfo@vcuhealth.org](mailto:ceinfo@vcuhealth.org)

## Disclaimers

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All participants have the right to participate in this continuing education activity without discrimination due to age, race, ethnicity, religion, culture, language, physical or mental disability, socioeconomic status, sex (sexual orientation, gender identity or expression and pregnancy), protected veteran status, marital status, genetic information, or any other protected characteristics under applicable federal, state, or local law. If you need accommodations to participate in this activity, please contact us at [ceinfo@vcuhealth.org](mailto:ceinfo@vcuhealth.org) for more information. Requests for accommodations must be received 21 days prior to activity start date.

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If the complaint is still unresolved after communication with the Director, Continuing Education, or if the initial complaint is not addressed in a timely manner, the complainant may contact the President & CEO, UHS-PEP. The President & CEO will then contact the complainant and endeavor to resolve the complaint within 10 business days after being contacted.

The complaint log will be regularly reviewed to identify areas of operations and service that may require improvement. The Director, Continuing Education will research reoccurring complaint matters and recommend process and procedure changes, when appropriate. These changes will be noted on the Complaint Resolution Log, and any necessary policy and/or procedure updates will be made within 15 business days thereafter.