



The 28th Annual

Virginia Liver Symposium & Update in Gastroenterology

March 16, 2024

The Westin Richmond

Presented by VCU Health Division of Gastroenterology, Hepatology and Nutrition, and VCU Health Continuing Education



VCUHealth™

Continuing Education

A.M.

7:00 **Registration and breakfast with exhibitors**

8:00 **Welcome and introduction**

Arun Sanyal, MD

SESSION I

Daily challenges in clinical gastroenterology for the esophagus

Educational objectives:

1. To recognize the current methods to diagnose and treat various forms of dysphagia.
2. To describe therapies for achalasia.
3. To identify how to diagnose and treat eosinophilic esophagitis.

Moderator: Milan Patel, MD

8:05 **Dysplasia: Evaluation and endoscopic management**
Milan Patel, MD

8:30 **Achalasia: Diagnosis and Management**
Carlos Puig, MD

8:55 **Indications for EUS and ERCP**
Doumit BouHaidar, MD

9:20 **Panel discussion**

9:30 **Alvin Zfass State of the Art Lecture: GERD**
Nicholas Shaheen, MD

10:00 **Break with exhibitors**

SESSION II

Understanding cirrhosis and liver diseases

Educational objectives:

1. To inspect clinical, lab and imaging findings of cirrhosis.
2. To name metabolic phenotyping in liver disease.
3. Construct health literacy in patients with cirrhosis.

Moderator: Joel Wedd, MD, MPH

10:20 **Identifying patients and cirrhosis**
Joel Wedd, MD

10:45 **State of the art of medicine lecture**
Arun Sanyal, MD

11:10 **Health literacy in cirrhosis**
Hannah Lee, MD

11:35 **Acute-on-chronic liver failure**
Jasmohan Bajaj, MD

P.M.

12:00 **Screening for MASLD - Change in Nomenclature and diagnosis**
Mohammad Shadab Siddiqui, MD

12:25 **Panel discussion**

12:35 **Lunch with exhibitors**

1:00 **Workshop sessions**

A. Effective utilization of esophageal manometry
Milan Patel, MD

B. Multidisciplinary management of HCC
Nanette Eubank, RN and Scott Matherly, MD

C. Endoscopic nurse session - Colonoscopy preparation
Jennifer Almeda, MSN and Christine Dillon, RN

D. Hepatitis C treatment
Reena Cherian, NP and Shawn Lewis, NP

SESSION III

Liver diseases and transplantation

Educational objectives:

1. To identify the differences between primary biliary cholangitis and primary sclerosing cholangitis.
2. To explain the role and value of living donor liver transplantation.
3. To analyze the diagnosis and management of hepatic sarcoid.
4. To describe post-transplant liver complications.

Moderator: Obi Assem, MD

1:45 **PBC/PSC: Diagnosis and management**
Obi Assem, MD

2:10 **Post-transplant liver complications**
Brian Davis, MD

2:35 **Hepatic Sarcoid: Diagnosis and management**
Vaishali Patel, MD

3:00 **Living donor liver transplant indications**
Vinay Kumaran, MBBS

3:25 **Panel discussion**

3:35 **Break with exhibitors**

SESSION IV

Diagnosis and management of inflammatory bowel disease

Educational objectives:

1. Recall how to diagnosis and manage inflammatory bowel disease.
2. Identify when to start biologic therapy and a comparison of biologic therapy.
3. Recognize acute and chronic pancreatitis.

Moderator: Ravi Vachhani, MD

3:50 **Inflammatory bowel disease: Diagnosis and management**
Stephen Bickston, MD

4:15 **Acute and chronic pancreatitis management**
Ravi Vachhani, MD

4:40 **Colorectal cancer screening**
Scott Strayer, MD

5:00 **Panel discussion**

5:10 **Final comments**



Course description and target audience

The Division of Gastroenterology, Hepatology and Nutrition, the Liver Transplant Program, and VCU Health Continuing Education are pleased to offer the 28th Annual Virginia Liver Symposium and Update in Gastroenterology taking place in Richmond, VA. The program is designed for primary care and sub-specialty physicians, and advanced practice providers who treat patients with gastrointestinal and liver disorders.

Course objectives

- Explain the criteria for colorectal cancer screening and the modalities used for testing.
- Identify signs of cirrhosis and criteria for referral for evaluation of liver transplantation.
- Classify Barrett's Esophagus and compare modalities for esophageal dysplasia treatment.

VCU Health course directors

Richard K. Sterling, MD, MSc, FACP, FACG, FAASLD, AGAF

Hepatology Professor of Medicine
Chief, Section of Hepatology
Division of Gastroenterology, Hepatology and Nutrition

Milan Patel, MD

Assistant Professor of Medicine
Division of Gastroenterology, Hepatology and Nutrition

Allison Lewis, BSN, MSN

Program Manager
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Visiting faculty

Nicholas Shaheen, MD, MPH

Bozyski-Heizer Distinguished Professor of Medicine
Chief, Division of Gastroenterology, Hepatology and Nutrition
University of North Carolina School of Medicine

VCU Health faculty

Vinay Kumaran, MBBS, MS, MCh

Professor of Surgery
Surgical Director, Living Donor Transplantation

Carlos Puig, MD

Assistant Professor of Surgery
Division of Cardiothoracic Surgery

Scott Strayer, MD

Chair, Department of Family Medicine

VCU Health Division of Gastroenterology, Hepatology and Nutrition faculty

Jennifer Almeda, MSN, NP

Advanced Practice Provider Gastroenterology Endoscopy

Obi Aseem, MD, PhD

Assistant Professor of Medicine

Jasmohan Bajaj, MD, FAASLD

Professor of Medicine
Central Virginia Veterans Healthcare System

Stephen Bickston, MD, AGAF

Professor of Medicine
Director, Inflammatory Bowel Disease Center

Doumit BouHaidar, MD

Professor of Medicine
Director of Therapeutic Endoscopy

Reena Cherian, NP

Advanced Practice Provider Hepatology

Brian Davis, MD

Assistant Professor of Medicine
Central Virginia Veterans Healthcare System

Christen Dillon, RN

Nurse Navigator Gastroenterology Endoscopy

Hannah Lee, MD

Assistant Professor of Medicine
Co-Director, HCC Clinic

Shawn Lewis, NP

Advanced Practice Provider Hepatology

Scott Matherly, MD

Associate Professor of Medicine
Co-Director, HCC Clinic

Vaishali Patel, MD

Assistant Professor of Medicine

Arun Sanyal, MD

Professor of Medicine
Interim Chair, Division of Gastroenterology, Hepatology and Nutrition

Mohammad Shadab Siddiqui, MD

Associate Professor of Medicine

Ravi Vachhani, MD

Associate Professor of Medicine
Gastroenterology and Hepatology Fellowship Director

Joel Wedd, MD, MPH

Associate Professor of Medicine
Director, Liver Transplantation

Accreditation and credit



In support of improving patient care, VCU Health Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American

Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

VCU Health Continuing Education designates this live activity for a maximum of 8.0 **AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

VCU Health Continuing Education designates this activity for a maximum of 8.0 **ANCC contact hours**. Nurses should claim only the credit commensurate with the extent of their participation in the activity.



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to **8 MOC points** in the American Board

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Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

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Registration | Register online at vcu.cloud-cme.com/liver

Registration rates

\$280	Physician (<i>includes MOC</i>)
\$180	Healthcare Providers (non-physician)
\$20	VCU Health Employee
\$20	Central Virginia Veterans Healthcare System - Residents & GI Fellows, Faculty, Transplant Staff

Syllabus Free download available

Cancellation policy

Registration fee, less a 25% non-refundable administrative fee, will be refunded only if written notice of cancellation is received via email to ceinfo@vcuhealth.org **on or before March 1, 2024**. There will be no refunds after that date.

Questions?

Contact VCU Health Continuing Education. Box 980048 | Richmond, VA | 804.828.3640 | ceinfo@vcuhealth.org

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