



Cystic Fibrosis Education Day

Virtual Symposium

May 18, 2021

Presented by the VCU Adult Cystic Fibrosis Program and VCU Health Continuing Education



VCUHealth™

Continuing Education



Schedule

Register online at vcu.cloud-cme.com/CF2021

Course description

This virtual symposium will give you key updates on holistic care management for adults living with cystic fibrosis (CF), optimizing health outcomes and improving quality of life. You will learn new airway clearance therapeutic techniques and information on the latest in pulmonary exacerbations, CF-related diabetes, coordination of care and the latest clinical research on CF. Hear from an inter-generational panel of CF patients with thoughts on their life experiences, treatment approaches and coping strategies to promote resilience.

Target audience

This activity is designed for CF patients and families, nurses, physicians, social workers, therapists, dietitians, and other health care professionals.

Course objectives

At the conclusion of this activity, learners will be able to:

- Identify and manage pulmonary exacerbations in CF to maximize lung function across the lifespan.
- Describe clinical guidelines for care of adult CF patients through interdisciplinary health care teams.
- Discuss challenges and identify pitfalls in comprehensive care of adults with CF.
- Outline updates in clinical research for CF treatment.

VCU Health faculty

Nauman Chaudary, MD, FCCP, FACP

Professor of Medicine
Division of Pulmonary Medicine and Critical Care Diseases
Director, Adult Cystic Fibrosis Program

Mahsa Farsad, MS, RD

Clinical Dietitian II
Adult Cystic Fibrosis Program

Genoveva Garcia, RN, BSN

Nurse Clinical Coordinator
Adult Cystic Fibrosis Program

Nicole Garland, LCSW

Social Worker
Adult Cystic Fibrosis Program

Trang Le, MD

Assistant Professor of Pediatrics and Internal Medicine
Division of Endocrinology, Diabetes and Metabolism
Associate Program Director, Adult Cystic Fibrosis Center

Narisa V. Turner, RRT-NPS

Registered Respiratory Therapist
Department of Respiratory Therapy

Sarah Wheeler, PharmD

Clinical Pharmacist
Department of Pharmacy Services

Patient Advisory Council

Ella Balasa, BS

Richmond, VA

Campbell Gentil, BA

Richmond, VA

Wade Tooley, BA

Suffolk, VA

Kimberly Wingo, MPA

Mechanicsville, VA

Tuesday, May 18

A.M.

9:00 Welcome and announcements

Nauman Chaudary, MD

9:05 Patient outcomes and future plans for the VCU Health Adult CF Center

Nauman Chaudary, MD

9:20 Patient video feature: Experiences with pregnancy

Campbell Gentil, BA

9:25 CF pulmonary exacerbation

Nauman Chaudary, MD

9:55 Patient video feature: Patient experiences with Trikafta (Elexacaftor/Tezacaftor/Ivacaftor)

10:00 Break

Visit the virtual exhibit hall for live interaction with exhibitors

10:15 Breakout Session 1

Option A: CF-related diabetes program

Mahsa Farsad, MS, RD and Trang Le, MD

Option B: CF mental health program

Nicole Garland, LCSW

Option C: Airway clearance therapy lessons

Narisa Turner, RRT-NPS

10:45 Break

Visit the virtual exhibit hall for live interaction with exhibitors

11:00 Patient panel: Generations of CF experience

Ella Balasa, BS and Kimberly Wingo, MPA

11:30 Break

11:40 Breakout Session 2

Option A: The role of the pharmacist in the VCU Health Adult CF Center

Sarah Wheeler, PharmD

Option B: Dialogue with CF Program Coordinator

Genoveva Garcia, BSN

Option C: Live Q&A with patient panel

Ella Balasa, BS and Kimberly Wingo, MPA

P.M.

12:15 Patient video feature: Reflections on the VCU Health Adult CF Center

12:20 Closing remarks

Nauman Chaudary, MD

12:25 Virtual Exhibit hall - Live interaction with exhibitors

Live interaction available until 1:00 p.m.

Note: Exhibits will be available to view in the virtual exhibit hall at any time throughout the conference. Exhibitors will be available to interact live with attendees via videoconference at designated times during the conference. See agenda for live interaction times.

Accreditation and credit



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, VCU Health Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

VCU Health Continuing Education designates this live activity for a maximum of 4.5 **AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 2 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

VCU Health Continuing Education designates this activity for a maximum of 4.5 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.



This activity provides 4.5 contact hours (0.45 CEUs) of continuing education credit. ACPE Universal Activity Number (UAN): JA4008237-0000-21-024-L01-P.

NOTE FOR PHARMACISTS: Upon closing of the online evaluation, VCU Health Continuing Education will upload the pharmacy-related continuing education information to CPE Monitor within 60 days. Per ACPE rules, VCU Health Continuing Education does not have access nor the ability to upload credits requested after the evaluation closes. It is the responsibility of the pharmacist or pharmacy technician to provide the correct information [NABP ePID and DOB (in MMDD format)] in order to receive credit for participating in a CE activity.



As a Jointly Accredited Organization, VCU Health Continuing Education is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. VCU Health Continuing Education maintains responsibility for this course. Social workers completing this course receive 4.5 continuing education credits.



This activity was planned by and for the healthcare team, and learners will receive 4.5 Interprofessional Continuing Education (IPCE) credits for learning and change.

Registration

Register online at vcu.cloud-cme.com/CF2021

Registration

Complimentary registration for all health care professionals, patients and families in the CF community.

Select continuing education credits available for a \$35 fee.

Register online by May 13, 2021.

Questions?

Contact VCU Health Continuing Education
ceinfo@vcuhealth.org | 804.828.3640

Disclaimers

Minimum and maximum numbers for attendance at this event have been established, and we reserve the right to substitute speakers/topics, adjust credit hours, or cancel if necessary.

By attending this event you grant VCU Health Continuing Education the right at the event to record, film, photograph, or capture your likeness in any media and to distribute, use, or otherwise disseminate, in perpetuity, such media without any further approval or any payment to you.

Disclosure

In compliance with ACCME standards, all planners and presenter relationships with commercial supporters have been resolved. All presenting faculty affirm that they will employ the best available evidence from all sources to support any clinical recommendations made in their presentations. If learners detect any commercial bias in any presentation, they should document their observations on the activity evaluation form.

Accommodations

All participants have the right to participate in this continuing education activity without discrimination due to age, race, ethnicity, religion, culture, language, physical or mental disability, socioeconomic status, sex (sexual orientation, gender identity or expression and pregnancy), protected veteran status, marital status, genetic information, or any other protected characteristics under applicable federal, state, or local law. If you need accommodations to participate in this activity, please contact us at ceinfo@vcuhealth.org for more information.

Complaint Policy and Resolution Process

All complaints must be made in writing to ceinfo@vcuhealth.org.

All complaints will be logged into the complaint log. The Director, Continuing Education will attempt to resolve the complaint within the first contact, when possible, and will respond to the client and customer's concerns within 5 business days of the initial complaint. At the time of the first contact, Director, Continuing Education will inform the complainant if more time will be needed to research the complaint.

If the complaint is still unresolved after communication with the Director, Continuing Education, or if the initial complaint is not addressed in a timely manner, the complainant may contact the President & CEO, UHS-PEP. The President & CEO will then contact the complainant and endeavor to resolve the complaint within 10 business days after being contacted.

The complaint log will be regularly reviewed to identify areas of operations and service that may require improvement. The Director, Continuing Education will research reoccurring complaint matters and recommend process and procedure changes, when appropriate. These changes will be noted on the Complaint Resolution Log, and any necessary policy and/or procedure updates will be made within 15 business days thereafter.