The Health of Women
2020

June 25–28, 2020

Hilton Norfolk The Main | 100 East Main Street, Norfolk, Virginia

Register | vcu.cloud-cme.com/wh2020

Presented by the VCU Institute for Women’s Health and VCU Health Continuing Education, in collaboration with
What you want in a women's health conference

- Clinically relevant interdisciplinary women’s health topics
- Outstanding high-caliber faculty
- Evidence-based practical information
- Integrated networking time
- A fabulous waterside location

The Health of Women 2020 has it all and more!

The Health of Women 2020 is designed with you in mind. We know what you want in a women's health conference, and have put it all together for you in one exciting weekend, filled with engaging lectures, discussions, networking receptions, old friends, and new connections, in the heart of coastal Virginia. We’ve carefully crafted an agenda catering to the learning needs of primary care physicians, nurse practitioners, nurses, physician assistants, and other healthcare professionals focused on women’s health in family practice, internal medicine, and obstetrics and gynecology.

Course Directors & Planning Committee

Chair | Susan G. Kornstein, MD
Professor of Psychiatry and Obstetrics and Gynecology
Executive Director, Institute for Women’s Health
Virginia Commonwealth University
Editor-in-Chief, Journal of Women’s Health

Co-Chair | Lisa Ellis, MD, MS, MACP
Associate Professor of Internal Medicine and Obstetrics and Gynecology
Executive Director, Patient-Provider Experiences
Director of Clinical Services, Institute of Women’s Health
Virginia Commonwealth University

Scientific Program Chair | Wendy S. Klein, MD, MACP
Associate Professor Emeritus of Internal Medicine and Obstetrics and Gynecology
School of Medicine and Institute for Women’s Health
Medical Director, Health Brigade
Virginia Commonwealth University

Walter Lewanowicz, MN, BSc, RN-BC
Nurse Professional Development Specialist
Education and Professional Development
VCU Health

Nan G. O’Connell, MD
Assistant Professor of Obstetrics and Gynecology
Virginia Commonwealth University

Jo Lynne Robins, PhD, RN, ANP-BC, CHTP, AHN-C
Associate Professor
Virginia Commonwealth University School of Nursing
Adult Health and Nursing Systems
Director, PhD Program
Virginia Commonwealth University

Patricia Selig, PhD, FNP-BC
Director, Center for Advanced Practice
VCU Health

Course Objectives

1. Describe recent advances in screening and treatment on a variety of topics related to women’s health, including cardiovascular health, breast health, bone health, mental health, and reproductive health.
2. Explain current data that will facilitate the prevention, diagnosis, and management of disorders and diseases in women, including cardiovascular health, breast health, bone health, mental health, and reproductive health.
3. Identify evidence-based approaches to address the management of disorders in women, including cardiovascular health, breast health, bone health, mental health, and reproductive health.
4. Explain current evidence that will elucidate health disparities in the care of women, including maternal morbidity and mortality, obesity, and infectious diseases.

Register Now! vcu.cloud-cme.com/wh2020
Schedule | June 25–28, 2020

Thursday, June 25, 2020

PRE-CONFERENCE SYMPOSIUM | Menopause Management: Case Discussions with an Interprofessional Panel of Experts

Supported by an independent medical education grant from Pfizer. Requires separate registration.

AFTERNOON
1:30 Pre-Conference Symposium Registration
2:00 Welcome and Introduction
2:05 Challenges in Treating Menopause
Lisa Phipps, PharmD, PhD
2:15 Overview | Multidisciplinary Approach to Menopause Evaluation and Management
JoAnn Pinkerton, MD
2:35 Case 1 | Vasomotor Symptoms and Genitourinary Syndrome of Menopause
Diane Todd Pace, PhD, APRN
3:10 Break
3:20 Case 2 | Cardiovascular and Bone Health
Andrea Singer, MD
3:55 Break
4:05 Case 3 | Psychological and Sexual Health
Sheryl Kingsberg, PhD
4:40 Action Plans & Wrap-Up
5:00 Adjourn

6:30 - 8:30 pm | Welcome Reception Cruise

Join us aboard the Virginia Elite private yacht as we sail along the Elizabeth River and celebrate the start of The Health of Women 2020! You’ll be treated to spectacular views of Norfolk, heavy hors d’oeuvres, and an open bar. This intimate casual gathering is the perfect opportunity to relax, network with your peers, and meet many of our expert faculty members presenting at the conference.

A limited number of tickets are available for this activity.

Friday, June 26, 2020

MORNING
6:30 Conference Registration & Exhibits Open
7:00 Continental Breakfast
7:45 Welcome and Announcements
Susan G. Kornstein, MD
8:00 STI Update: Breaking News
Alison Marshall, RN, FNP
8:45 2020 Update on Ischemic Heart Disease in Women
C. Noel Baiery Merz, MD
9:30 Management Strategies in Bone Health
Andrea Singer, MD
10:15 Break with Posters and Exhibitors
10:45 Common Dermatology Challenges in the Care of Hair and Nails
Kimberly Salkey, MD
11:30 Disparities in Maternal Morbidity & Mortality: Where Do We Stand?
Susan Lanni, MD

AFTERNOON
12:15 Lunch Symposium
1:45 Trudy Bush Lecture | Menopausal Hormone Therapy: Care Amid Controversy
Jan Shifren, MD
2:30 News You Can Use: Recent Studies That Have Changed My Practice
Melissa McNeil, MD
3:15 Break with Posters and Exhibitors
3:45 HIV Prevention in Women: From Pregnancy to PrEP
Michelle Cespedes, MD
4:30 Advances in the Care of Women with Migraine
Jelena Pavlovic, MD
5:15 Adjourn

Saturday, June 27, 2020

MORNING
7:00 Breakfast Symposium | Sex as Biologic Variable: What Does It Mean for Clinical Care?
Judy Regensteiner, PhD
8:30 What’s Different in Women with Dementia?
Lana Sargent, PhD, FNP
9:15 Common Dilemmas in Urogynecology
Kathie Hullfish, MD
10:00 Break with Posters and Exhibitors
10:30 Pain Management in Women: From Prescription to Addiction
Andrew Chapman, MD
11:15 Diabetes in Women: Clinical Pearls
David Lieb, MD

AFTERNOON
12:00 Lunch Symposium
1:30 Vivian Pinn Women’s Health Research Keynote | Perinatal Psychiatry: Lessons Learned Over Two Decades
Lee Cohen, MD
2:15 Obesity Across the Life Continuum of Women: Challenges and Opportunities
Fatima Cody Stanford, MD
3:00 Break with Posters and Exhibitors
3:30 A Practical Approach to LARCs
Frances Casey, MD
4:15 Breast Cancer Update
Kandace McGuire, MD
5:15 Adjourn

5:30 - 7:30 pm | The Health of Women Awards Reception

The Health of Women 2020 is all about education, networking, and honoring excellence in the field of women’s health. This year we will be honoring the three leaders in our field, noted below, at the Saturday evening Awards Reception, as well as announcing the winning abstract authors.

All are welcome to attend this complimentary event!
Lee Cohen, MD | Vivian Pinn Award for Research in Women’s Health
Judy Regensteiner, PhD | Bernadine Healy Award for Visionary Leadership in Women’s Health
Eliza Lo Chin, MD | Award for Public Policy & Advocacy in Women’s Health

Sunday, June 28, 2020

MORNING
7:00 Breakfast Symposium | Advocacy in Women’s Health: Why It Matters
Eliza Lo Chin, MD
8:30 Cancer Screening Triad: Colon, Breast, Cervix
David Johnson, MD; Kandace McGuire, MD; and Frances Casey, MD
9:30 Vaginitis: Can You Make the Diagnosis?
Alison Marshall, RN, FNP
10:15 Break with Exhibitors
10:45 Diagnosis and Treatment Strategies in Fibromyalgia
Huzaefah Syed, MD
11:30 Eating Disorders: Which One and How Best to Treat
Pamela Keel, PhD
12:15 Environmental Toxins and Women’s Health
Kirtly Parker Jones, MD
12:45 Adjourn
Call for Abstracts
Accepted abstracts will be published online in the Journal of Women’s Health.

vcu.cloud-cme.com/wh2020
Registration | Online at vcu.cloud-cme.com/wh2020

Registration Fees

*Early Registration ends April 24, 2020 | Registration is non-refundable after June 5, 2020*

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Printed Syllabus *(Free Digital Syllabus Available)* | $60

Welcome Reception Cruise *(Limited Availability)* | $75

Pre-Conference Symposium | $50

Cancellation Policy

Registration fee, less a 15% non-refundable administrative fee, will be refunded only if written notice of cancellation is received via email to ceinfo@vcuhealth.org on or before June 5, 2020. There will be no refunds after that date.

Lodging

Conference Hotel | Hilton Norfolk The Main 100 East Main Street, Norfolk, VA 23510

**Rates** | $179.00 per night for standard rooms with single or double occupancy, plus prevailing taxes (currently 15%), plus $2.00 per room per night occupancy tax. For triple and quadruple occupancy, there is a $20.00 additional charge per adult per room per night, with maximum occupancy of four (4) persons per room. Discounted room rate is available three days prior to and three days following the conference (June 22 through July 1).

**Reserve online** | Reserve your room at https://tinyurl.com/wh2020hotel

**Reserve by phone** | Call 757-763-6200

Identify yourself as attending “The Health of Women 2020” to receive the reduced rate.

**Hotel conference rate reservation cutoff** | May 25, 2020

Accreditation and Educational Credit

**Physicians**

VCU Health Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

VCU Health Continuing Medical Education designates this live activity for a maximum of 20.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

VCU Health Continuing Medical Education awards 20.75 hours of participation (equivalent to AMA PRA Category 1 Credits™) to each non-physician participant who successfully completes this educational activity.

**Nurses**

This program will provide up to 20.75 contact hours which includes up to 9.2 pharmacotherapeutic contact hours.

VCU Health is approved as a provider of continuing nursing education by the Virginia Nurses Association, an accredited approver by the American Nurses Credentialing Center’s (ANCC) Commission on Accreditation.

**Disclosure Statement**

In compliance with ACCME and ANCC standards, all planner and presenter relationships with commercial supporters have been resolved according to VCU’s Policy on Conflict of Interest. All presenting faculty affirm that they will employ the best available evidence from all sources to support any clinical recommendations made in their presentations. If learners detect any commercial bias in any presentation, they should document their observations in the activity evaluation.

Questions and Information

VCU Health Continuing Education | Box 980048 | Richmond, VA 23298
804.828.3640 or 800.413.2872 | ceinfo@vcuhealth.org

If special accommodations are needed, please contact us at the phone or email address above. VCU is an equal opportunity/affirmative action employer.

Minimum and maximum numbers for attendance at this event have been established, and we reserve the right to substitute speakers/topics, adjust credit hours, or cancel if necessary.

By attending this event you grant VCU Health CE the right at the event to record, film, photograph, or capture your likeness in any media and to distribute, broadcast, use, or otherwise disseminate, in perpetuity, such media without any further approval from or any payment to you.

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