



VCU Institute for
Women's Health

Health of Women 2022

June 23–24, 2022

Virtual conference


[Register | vcu.cloud-cme.com/hw2022](https://vcu.cloud-cme.com/hw2022)

Presented by the VCU Institute for Women's Health and VCU Health Continuing Education,
in collaboration with

**JOURNAL OF
Women's Health**

**Women's Health
Reports**

 Society for
Women's Health
Research



Following our valued approach of addressing women's health across the life span, we have put together the Health of Women 2022 as a one-and-a-half day virtual conference, filled with engaging lectures and discussions addressing the challenges and nuances of sex and gender medicine. The agenda has been carefully crafted to cater to the learning needs of primary care physicians, nurse practitioners, nurses, physician assistants, and other health care professionals focused on women's health in internal medicine, family practice and obstetrics and gynecology.

Course Directors & Planning Committee



Chair | Susan G. Kornstein, MD

Professor, Departments of Psychiatry and Obstetrics and Gynecology
Executive Director, Institute for Women's Health
VCU School of Medicine
Editor-in-Chief, Journal of Women's Health



Co-Chair | Lisa Ellis, MD, MS, MACP

Executive Director of Wellness - Providers and Trainees
Medical College of Virginia Physicians
Associate Professor, Departments of Internal Medicine and Obstetrics and Gynecology
VCU School of Medicine



Co-Chair | Phoebe A. Ashley, MD, FACC

Assistant Clinical Professor, Department of Internal Medicine
Division of Cardiovascular Medicine
VCU School of Medicine

Scientific Program Chair | Wendy S. Klein, MD, MACP

Associate Professor Emeritus, Departments of Internal Medicine and Obstetrics and Gynecology
VCU School of Medicine
Medical Director Emeritus, Health Brigade

Jo Lynne Robins, PhD, RN, ANP-BC, CHTP, AHN-C

Associate Professor, Department of Adult Health and Nursing Systems
Director, PhD Program
VCU School of Nursing

Patricia Selig, PhD, FNP-BC

Director, Center for Advanced Practice
VCU Health

Course Objectives

At the conclusion of this activity, learners will be able to:

- Describe recent advances in screening and treatment of a variety of topics related to women's health, including cardiovascular health, breast health, bone health, mental health, and reproductive health.
- Explain current data that will facilitate the prevention, diagnosis, and management of disorders and diseases in women, including cardiovascular health, breast health, bone health, mental health, and reproductive health.
- Identify evidence-based approaches to management of disorders and diseases in women, including cardiovascular health, breast health, bone health, mental health, and reproductive health.
- Explain current evidence that will elucidate health disparities in the care of women, including maternal morbidity and mortality, obesity, and infectious diseases.

Register at vcu.cloud-cme.com/hw2022

Schedule | June 23–24, 2022

Thursday, June 23

EVENING

- 7:00 **Welcome**
Susan Kornstein, MD
- 7:05 **Vivian Pinn Women's Health Research Keynote**
Why Women Experience More Sleep and Mood Disturbance Across the Menopause Transition
Hadine Joffe, MD
- 7:40 **Bernadine Healy Award for Visionary Leadership in Women's Health**
The Care of Women: Raising the Bar and Removing the Silos
Kim Templeton, MD
- 8:20 **Women's Health Policy & Advocacy Award**
Moving Beyond Reproductive Rights: A Reproductive Justice Framework
Lisa Harris, MD
- 9:00 **Closing**
Susan Kornstein, MD

Pre-Conference Symposium hosted by the Society for Women's Health Research

Thursday, June 23 - Noon to 1:30 pm

Emerging Topics in Women's Health

SWHR has a rich history of convening interdisciplinary groups of researchers, health care providers, patient advocates, and policy leaders to address diseases and conditions that disproportionately, differently, or exclusively affect women.

- This symposium will chronicle advancements in women's health care and research over recent decades and will present how stakeholders have and must continue to work together by providing examples of initiatives, strategies, and successful outcomes for key women's health issues.
- Attendees will then engage in a live Q&A session with the panel to discuss approaches to address persistent gaps and disparities in women's health.
- Find out more at <https://bit.ly/swhr-preconf>. Separate registration is required. No CME or CEU credit offered.

Friday, June 24

THROUGHOUT THE PROGRAM, THERE WILL BE TWO CONCURRENT SESSIONS FROM WHICH YOU CAN CHOOSE, ONE TO WATCH LIVE, AND ONE TO WATCH AS YOUR OWN SCHEDULE PERMITS.

MORNING

- 8:45 **Welcome & Announcements**
Susan Kornstein, MD
- 9:00 **COVID-19 & the Health of Women: Where Are We Now?**
Rachel Lee, MD
- 9:45 **Recent Advances in Endometrial Cancer**
Jennifer Mueller, MD
- 10:30 **Break**
Join us for a Chair Yoga session or visit with exhibitors
- 10:45 **Best Practices in Transgender Primary Care**
Lori Sweeney, MD
- 11:30 **CHF in Women: Nuances of Care**
Keyur Shah, MD

Current Concepts in Headache Management
Catherine Ham, MD

News You Can Use: Recent Studies That Have Changed My Practice
Melissa McNeil, MD

The Challenging Gyn Exam: Pearls & Pitfalls
Nicole Karjane, MD

Common Dermatologic Problems in Women
Kimberly Salkey, MD

AFTERNOON

- 12:15 **Networking Break**
Connect with your colleagues or visit with exhibitors
- 1:00 **Trauma Informed Care of Women**
John Richardson Lauve, LCSW
- 1:45 **GI Disorders in Women: New Directions**
Silvia Degli-Eposti, MD
- 2:30 **Networking Break**
Connect with your colleagues or visit with exhibitors
- 2:45 **Sexual Health in Women: Insights for the Practitioner**
Rachel Rubin, MD
- 3:30 **Trudy Bush Lecture**
Menopausal Hormones: New Findings that Impact Practice
Chrisandra Shufelt, MD
- 4:15 **The Vaginal Biome: Why It Matters**
Catherine Matthews, MD
- 5:00 **Closing**
Susan Kornstein, MD

Reproductive Health Access-Update for 2022
Frances Casey, MD

Less is More: Care of Geriatric Women
Lana Sargent, PhD, NP

Stroke in Women: Evaluation and Intervention in 2022
Taylor Haight, MD

How Did I Miss That? Breast Assessment in Non-White Skin Tones
Nekisha Killings, MPH

Evidence Based Care of Women with Diabetes
Samantha Hudson, MD

Faculty

Frances Casey, MD, MPH

Director of Ryan Program and Family Planning Services
Department of Obstetrics and Gynecology
VCU School of Medicine

Silvia Degli-Eposti, MD

Assistant Professor, Department of Internal Medicine
Division of Gastroenterology, Hepatology and Nutrition
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Taylor Haight, MD

Assistant Professor, Department of Neurology
VCU School of Medicine

Catherine Ham, MD

Assistant Professor, Department of Neurology
Director, Headache Clinic
VCU School of Medicine

Lisa Harris, MD, PhD

F. Wallace and Janet Jeffries Collegiate Professor of Reproductive Health
Professor and Associate Chair of Obstetrics and Gynecology
Professor, Women's and Gender Studies
Director, Health Sciences Scholars Program
Director, Fellowship in Complex Family Planning
University of Michigan

Samantha Hudson, MD

Virginia Endocrinology and Osteoporosis Center

Hadine Joffe, MD, MSc

Executive Director, Mary Horrigan Connors Center for Women's Health & Gender Biology
Paula A. Johnson Professor of Psychiatry in the Field of Women's Health
Executive Vice Chair for Academic and Faculty Affairs, Department of Psychiatry
Brigham and Women's Hospital / Harvard Medical School

Nicole W. Karjane, MD

Professor, Department of Obstetrics and Gynecology
Residency Program Director
VCU School of Medicine

Nekisha Killings, MPH, ILBLC

Perinatal Equity Strategist
Chief Consultant, Lioness Lactation LLC

Rachael Lee, MD

Associate Professor of Medicine
Division of Infectious Diseases
Associate Scientist, Center for Women's Reproductive Health
University of Alabama Medical Center

Catherine Matthews, MD, FACOG, FACS

Professor of Urology and Obstetrics
Wake Forest Baptist Health

Melissa McNeil, MD, MPH, MACP

Teaching Faculty
Warren Alpert Medical School of Brown University
Professor of Medicine and Obstetrics, Gynecology, and Reproductive Sciences
University of Pittsburgh School of Medicine (ret.)

Jennifer Mueller, MD, FACOG

Assistant Attending Surgeon
Memorial Sloan Kettering Cancer Center

John Richardson-Lauve, LCSW

Director of Mental Health and Lead Trauma and Resilience Educator
ChildSavers

Rachel Rubin, MD

Urologist and Sexual Medicine Specialist
Assistant Clinical Professor of Urology
Georgetown University

Kimberly Salkey, MD

Associate Professor, Department of Dermatology
Residency Program Director
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Lana Sargent, PhD, RN, FNP-C, GNP-BC

Assistant Professor of Nursing
Department of Adult Health and Nursing Systems
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Keyur Shah, MD, FACC

Associate Professor, Department of Cardiology
Chief, Section of Heart Failure
VCU Health Pauley Heart Center
VCU School of Medicine

Chrisandra Shufelt, MD, MS, FACP, NCMP

Anita Dann Friedman Endowed Chair in Women's Cardiovascular Medicine and Research
Professor, Cedars-Sinai Medical Center, Smidt Heart Institute
Associate Director, Barbra Streisand Women's Heart Center
Director, Women's Hormone and Menopause Program
Cedars-Sinai

Lori Sweeney, MD

Associate Professor of Medicine
Division of Endocrinology
Hunter Holmes McGuire Veterans Affairs Medical Center

Kim Templeton, MD, FAAOS, FAOA

Professor, Orthopedic Surgery and Sports Medicine
Residency Program Director
University of Kansas Medical Center

Registration Fees

Physician/PhD/Policymaker/Industry	\$275
Nurse/Allied Health Professional	\$175

Cancellation Policy

Registration fee, less a 15% non-refundable administrative fee, will be refunded only if written notice of cancellation is received via email to ceinfo@vcuhealth.org on or before **June 3, 2022**. There will be no refunds after that date.

Accreditation and Educational Credit



JOINTLY ACCREDITED PROVIDER
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, VCU Health Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

VCU Health Continuing Education designates this live activity for a maximum of 14.0 **AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

VCU Health Continuing Education designates this activity for a maximum of 14.0 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Statement

In compliance with ACCME standards, all planner and presenter relationships with commercial supporters have been resolved according to VCU's Policy on Conflict of Interest. All presenting faculty affirm that they will employ the best available evidence from all sources to support any clinical recommendations made in their presentations. If learners detect any commercial bias in any presentation, they should document their observations in the activity evaluation.

Accommodations

All participants have the right to participate in this continuing education activity without discrimination due to age, race, ethnicity, religion, culture, language, physical or mental disability, socioeconomic status, sex (sexual orientation, gender identity or expression and pregnancy), protected veteran status, marital status, genetic information, or any other protected characteristics under applicable federal, state, or local law. If you need accommodations to participate in this activity, please contact us at ceinfo@vcuhealth.org for more information.

Complaint Policy and Resolution Process

All complaints must be made in writing to ceinfo@vcuhealth.org.

All complaints will be logged into the complaint log. The Director, Continuing Education will attempt to resolve the complaint within the first contact, when possible, and will respond to the client and customer's concerns within 5 business days of the initial complaint. At the time of the first contact, Director, Continuing Education will inform the complainant if more time will be needed to research the complaint.

If the complaint is still unresolved after communication with the Director, Continuing Education, or if the initial complaint is not addressed in a timely manner, the complainant may contact the President & CEO, UHS-PEP. The President & CEO will then contact the complainant and endeavor to resolve the complaint within 10 business days after being contacted.

The complaint log will be regularly reviewed to identify areas of operations and service that may require improvement. The Director, Continuing Education will research reoccurring complaint matters and recommend process and procedure changes, when appropriate. These changes will be noted on the Complaint Resolution Log, and any necessary policy and/or procedure updates will be made within 15 business days thereafter.

Disclaimers

Minimum and maximum numbers for attendance at this event have been established, and we reserve the right to substitute speakers/topics, adjust credit hours or cancel if necessary.

By attending this event you grant VCU Health Continuing Education the right at the event to record, film, photograph, or capture your likeness in any media and to distribute, broadcast, use, or otherwise disseminate, in perpetuity, such media without any further approval from or any payment to you.

Questions and Information

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