Back to the Future:

Moving Beyond Opioids for Chronic Pain

September 15-16, 2018

Hilton Richmond Hotel & Spa / Short Pump
12042 West Broad Street | Richmond, VA

Presented by VCU Health Departments of Anesthesiology and Physical Medicine and Rehabilitation, VCU Health Neuroscience, Orthopaedic and Wellness Center and VCU Health Continuing Medical Education
Richmond, Virginia
Saturday, September 15, 2018

A.M.
7:00  Registration and Exhibits Open
Continental Breakfast

7:55  Welcoming Remarks
Marc Huntoon, MD

8:00  Opioids: Have We Gone Too Far: Are Patients Suffering or
Are We Doing the Right Thing?*
Andrew Chapman, MD

8:30  Virginia Medicaid Perspective: Integrated Behavioral Health
and Chronic Pain Treatment
Katherine Neuhausen, MD, MPH

9:00  Primer on Rational Opioid De-Escalation and Buprenorphine
Substitution*
Paul Coelho, MD

9:30  Question and Answer Session

9:50  Break with Exhibits

10:15 Cancer Pain Management and Long-Term Outcomes with
Spinal Drug Delivery*
Lisa Stearns, MD

10:45 Update on Complex Regional Pain Syndrome: What Is It,
How Do I Diagnose It, and What Do I Do for It?
Marc Huntoon, MD

11:15 Ketamine, Lidocaine, and Topical Agents: What Role Can
They Play?
Robert Goldstein, MD

11:45 Question and Answer Session

P.M.
12:05 Exhibits Open

12:20 Sponsored Lunch TBD
Not for credit

1:30 Advances in Neuromodulation I: Closed Loop, High
Frequency, and Other Advances in Waveform Technology
for SCS
Andrew Chapman, MD
2:00 Do Devices Decrease Opioid Use? Why Active Management and an Emphasis on Function is Paramount*
Marc Huntoon, MD

2:30 Question and Answer Session

2:40 Break with Exhibits

3:10 Radiofrequency Ablation Therapy for the Knee, Hip, and Shoulder: State of the Art
Bradley Stovall, DO

3:45 WORKSHOP SESSION - Choose One Session

Workshop 1
Physical Exam of the Pain Patient
Elizabeth Huntoon, MD and Bradley Stovall, DO
(Limited to 50 participants)

Workshop 2
Buprenorphine Primer: Getting your X Waiver*
Paul Coelho, MD and Mishka Terplan, MD, MPH, FACOG, FASAM

Workshop 3
Battlefield Acupuncture: Easy Applications That Any Provider Can Offer Their Patients
David Drake, MD

5:15 Adjourn

Sunday, September 16, 2018

A.M.

7:00 Registration and Exhibits Open
Continental Breakfast

7:55 Welcoming Remarks
Marc Huntoon, MD

8:00 Functional Restoration: Understanding the Pain Patient and Incorporating Movement-Based Therapy into Practice
Jeb Helms, PT, DPT, OCS, SCS

8:30 Developing a Psychological and Functional Rehabilitation Program for the Patient in Pain at VCU
Mary Wells, PhD

9:00 Pain Management Compliance Testing – A Brief Synopsis*
Carl Wolf, PhD

9:30 Question and Answer Session

9:45 Break with Exhibits
Sunday, September 16, 2018 (cont’d.)

A.M.
10:15  **Headache: What Effects Are the New Drugs and Treatments Having?**
       Catherine Ham, MD

10:45  **Difficult Conversations: A Role Play Exercise for Clinicians***
       Paul Coelho, MD and Mary Wells, PhD

11:45  **Question and Answer Session**

12:00  **Conference Adjourns**

* These sessions count towards the Virginia Board of Medicine’s Controlled Substances CE requirement.

**Target Audience**

This symposium is for primary care physicians, pain specialists, physiatrists, anesthesiologists, neurologists, surgeons, orthopedists, internists, nurse practitioners, nurses, physician assistants, physical therapists, and other healthcare professionals who are engaged in treating chronic pain.

**Course Objectives**

At the conclusion of this meeting, learners will be able to:

• Design a rational opioid weaning and compliance program.

• Demonstrate knowledge of adjunctive medications, physical and psychological pain treatments and develop goals with their patients for implementation.

• Learn how to have difficult conversations with patients regarding the use of opioids as part of a treatment program for their pain.

**Controlled Substances CE Requirements**

The Virginia Board of Medicine is required by law to identify prescribers who must complete 2 hours of continuing education (CE) in pain management, proper prescribing of controlled substances, and the diagnosis and management of addiction. The Board is requiring all prescribers licensed by the Board of Medicine to obtain 2 hours of Type 1 (CAT I) CE in the 24 months prior to your next biennial renewal.
Accreditation and Educational Credit
VCU Health Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

VCU Health Continuing Medical Education designates this live activity for a maximum of 10.25 "AMA PRA Category 1 Credits". Physicians should claim only the credit commensurate with the extent of their participation in the activity.

VCU Health Continuing Medical Education awards 10.25 hours of participation (equivalent to "AMA PRA Category 1 Credits"), to each non-physician participant who successfully completes this educational activity.

This Live activity, Back to the Future: Moving Beyond Opioids for Chronic Pain, with a beginning date of 09/15/2018, has been reviewed and is acceptable for up to 10.25 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Statement
In compliance with ACCME Standards, all planner and presenter relationships with commercial supporters have been resolved. All presenting faculty affirm that they will employ the best available evidence from all sources to support any clinical recommendations made in their presentations. If learners detect any commercial bias in any presentation, they should document their observations on the Activity Evaluation Form.

Hotel Reservations
A block of rooms has been reserved at the Hilton Richmond Hotel & Spa / Short Pump until August 23. To book, call the hotel at 804.364.3600 and identify yourself as an attendee of “VCU Health CME” to receive the discounted rate, or book online at tinyurl.com/painhotel.

The conference room rate is $139.00 for single or double occupancy, plus prevailing taxes and fees. This rate is good for three nights before and after the dates of the conference, per availability.

Register Online | vcu.cloud-cme.com/painmed
<table>
<thead>
<tr>
<th>Faculty</th>
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| **Paul Coelho, MD**  
Medical Director  
Salem Health Pain Clinic  
Salem, OR |
| **Andrew Chapman, MD**  
Assistant Professor of Anesthesiology  
VCU Health  
Richmond, VA |
| **David Drake, MD**  
Director, Interventional Pain Clinic  
Director, Integrative Health  
Hunter Holmes McGuire VA Medical Center  
Richmond, VA |
| **Robert Goldstein, MD**  
Associate Professor of Anesthesiology and Pain Medicine  
Medical Director, UVA Pain Management Center  
Director, Neuromodulation Therapies  
University of Virginia Health System  
Charlottesville, VA |
| **Catherine Ham, MD**  
Assistant Clinical Professor of Neurology  
Director, VCU Health Headache Clinic  
Neuroscience, Orthopaedic and Wellness Center  
Richmond, VA |
| **Jeb Helms, PT, DPT, OCS, SCS**  
Physical Therapist IV  
VCU Health  
Richmond, VA |
| **Elizabeth Huntoon, MD**  
Conference Co-Chair  
Associate Professor of Physical Medicine & Rehabilitation  
VCU Health  
Richmond, VA |
| **Marc Huntoon, MD**  
Conference Chair  
Professor of Anesthesiology  
Director, VCU Health Pain Management  
Neuroscience, Orthopaedic and Wellness Center  
Richmond, VA |
| **Katherine Neuhausen, MD, MPH**  
Chief Medical Officer  
Virginia Department of Medical Assistance Services  
Richmond, VA |
| **Lisa Stearns, MD**  
Founder and Medical Director  
Center for Pain and Supportive Care  
Phoenix, AZ |
| **Bradley Stovall, DO**  
Assistant Professor of Physical Medicine & Rehabilitation  
VCU Health  
Richmond, VA |
| **Mishka Terplan, MD, MPH, FACOG, FASAM**  
Professor of Obstetrics and Gynecology and Psychiatry  
VCU Health  
Richmond, VA |
| **Mary Wells, PhD**  
Assistant Professor of Physical Medicine and Rehabilitation  
VCU Health  
Richmond, VA |
| **Carl Wolf, PhD**  
Supervisor, FIRM Specialty Testing Laboratory  
VCU Health  
Richmond, VA |
Registration Fees

$450  Industry Professional
$400  Physician
$300  Non-Physician, NP, RN, PA
$225  VCU NP, RN, PA
$150  Residents & Fellows
$50   VCU Health & McGuire VA Medical Center | Residents & Fellows

Register online at vcu.cloud-cme.com/painmed  
(best using Google Chrome)

Cancellation Policy

Registration fee, less a $60.00 non-refundable administrative fee, will be refunded only if written notice of cancellation is received via email to cmeinfo@vcuhealth.org on or before August 17, 2018. There will be no refunds after August 17, 2018.

Questions and Information

VCU Health Continuing Medical Education
800.413.2872 | 804.828.3640 | cmeinfo@vcuhealth.org

VCU Health is an equal opportunity/affirmative action employer.

If special accommodations are needed, please contact us at 804.828.3640.
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