Practical Endocrine Topics for Primary Care

Join experts from the VCU Division of Endocrinology, Diabetes and Metabolism for this budget-friendly one-day symposium offering an update on common endocrinology and diabetes problems.

Course objectives
- Describe a full range of effective treatment options for the management of diabetes mellitus and obesity, including lifestyle modification.
- Review current ADA guidelines for medical therapy for patients with diabetes mellitus.
- Describe medical and lifestyle therapies for patients with obesity.
- Discuss how to interpret patterns in continuous glucose monitoring data.
- Explain the pathophysiology and management of non-alcoholic fatty liver disease.
- Recognize how to interpret confusing thyroid function test results.
- Summarize the endocrine-related causes of hypertension.
- Describe recent developments in osteoporosis management.
- Discuss how all the members of the healthcare team can participate to optimize patient outcomes.

Questions?
Contact VCU Health Continuing Education
ceinfo@vcuhealth.org | 804.828.3640

Earn up to 7.5 Continuing Education Credits

When
Saturday, June 6, 2020
7:15 am - 4:30 pm

Where
VCU Health E. Parham Road
Office Building
7818 E. Parham Road, Richmond, VA

Who should attend?
Nurse practitioners, nurses, pharmacists, physicians and physician assistants specializing in:
• Family Practice
• General Practice
• Internal Medicine

Registration fee
$125 General registration
$75 VCU Health faculty and staff registration

Fee includes refreshments, meals, and online course syllabus.

Cancellation Policy: Registration fee, less a 15% non-refundable administrative fee, will be refunded only if written notice of cancellation is received via email to ceinfo@vcuhealth.org on or before May 22, 2020. No refunds after this date.

Register online at vcu.cloud-cme.com/PETopics
Course faculty
VCU Health faculty
Francesco Celi, MD, MSHc
Professor of Internal Medicine
Chair of the Division of Endocrinology, Diabetes and Metabolism
Robert Downs Jr., MD
Emeritus Professor of Internal Medicine
Division of Endocrinology, Diabetes and Metabolism
Trang Le, MD
Assistant Professor of Pediatrics and Internal Medicine
Division of Endocrinology, Diabetes and Metabolism
Ritu Madan, MD
Assistant Professor of Internal Medicine
Division of Endocrinology, Diabetes and Metabolism
Stéphanie Mayer, MD, MHSc
Assistant Professor of Internal Medicine
Division of Endocrinology, Diabetes and Metabolism
Giao Phan, MD
Assistant Professor of Surgery
Division of Surgical Oncology
M. Shadab Siddiqui, MD
Assistant Professor of Medicine
Division of Gastroenterology, Hepatology and Nutrition
Christine Weber, RN
Diabetes Educator
Department of Internal Medicine
Edmond P. Wickham III, MD, MPH
Associate Professor of Internal Medicine and Pediatrics
Director of Fellowship Program in Endocrinology, Diabetes and Metabolism
Co-Director of Healthy Lifestyles Center
Sahzene Yavuz, MD
Assistant Professor of Internal Medicine
Division of Endocrinology, Diabetes and Metabolism

VCU School of Pharmacy faculty
Evan Sisson, PharmD, MSHA, BCACP, CDE, FAADE
Professor of Pharmacotherapy and Outcomes Science

Disclosure
In compliance with ACCME standards, all planners and presenter relationships with commercial supporters have been resolved. All presenting faculty affirm that they will employ the best available evidence from all sources to support any clinical recommendations made in their presentations. If learners detect any commercial bias in any presentation, they should document their observations on the activity evaluation form.

Disclaimers
If special accommodations are needed, please contact us at the phone or email address above. VCU Health is an equal opportunity/affirmative action employer.

Schedule | Saturday, October 27, 2018
A.M.
7:15 Check-in and registration
Continental breakfast available. Exhibits open.
8:00 Welcome announcements | Francesco Celi, MD
8:15 Overview of lifestyle modification for obesity and diabetes | Edward P. Wickham III, MD

Session I: Lifestyle interventions
9:00 Culinary activity in the primary care setting
9:15 Exercise physiology and implementation of the recommendations
9:30 Behavioral modification
9:45 Lifestyle intervention panel discussion
10:00 Refreshment break
Exhibits open.

Session II: Beyond lifestyle interventions
10:15 ADA Guidelines for medical therapy
10:30 Obesogenic drugs | Stéphanie B. Mayer, MD
10:45 Medical therapy for obesity | Stéphanie B. Mayer, MD
11:00 Beyond lifestyle intervention panel discussion

Session III: Community initiative and continuous glucose monitoring
11:15 Community-based initiatives for management of diabetes
11:30 Continuous glucose monitoring pattern interpretation
11:45 Remote Monitoring | Trang Le, MD and Evan Sisson, PharmD

P.M.
12:00 Community initiative and continuous glucose monitoring panel discussion

12:15 Lunch with faculty
Exhibits open.
1:00 Non-alcoholic steatohepatitis | M. Shadab Siddiqui, MD
1:15 Interpretation of abnormal thyroid function tests | Francesco Celi, MD
2:45 Endocrine hypertension- incidentaloma | Ritu Madan, MD and Giao Phan, MD
3:30 Osteoporosis and hyperparathyroidism | Giao Phan, MD and Sahzene, MD
4:15 Final comments | Francesco Celi, MD
4:30 Adjourn

Accreditation
In support of improving patient care, VCU Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity provides 7.5 contact hours (.75 CEUs) of continuing education credit.

VCU Health designates this live activity for a maximum of 7.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

VCU Health designates this live activity for a maximum of 7.5 ANCC contact hours.

NOTE FOR PHARMACISTS: Upon closing of the online evaluation, VCU Health Continuing Education will upload the pharmacy-related continuing education information to CPE Monitor within 60 days. Per ACPE rules, VCU Health Continuing Education does not have access nor the ability to upload credits requested after the evaluation closes. It is the responsibility of the pharmacist or pharmacy technician to provide the correct information (NABPE ePID and DOB in MMDD format) in order to receive credit for participating in a CE activity.

This activity was planned by and for the healthcare team, and learners will receive 7.5 Interprofessional Continuing Education (IPCE) credit for learning and change.

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