

Practical Endocrine Topics for Primary Care



Earn up to 7.5 Continuing Education Credits

When

Saturday, June 6, 2020
7:15 am - 4:30 pm

Where

VCU Health E. Parham Road
Office Building
7818 E. Parham Road, Richmond, VA

Who should attend?

Nurse practitioners, nurses, pharmacists,
physicians and physician assistants
specializing in:

- Family Practice
- General Practice
- Internal Medicine

Registration fee

\$125 General registration
\$75 VCU Health faculty and staff
registration

*Fee includes refreshments, meals, and online
course syllabus.*

Cancellation Policy: Registration fee, less a 15% non-refundable
administrative fee, will be refunded only if written notice of
cancellation is received via email to ceinfo@vcuhealth.org on or
before May 22, 2020. No refunds after this date.

Join experts from the VCU Division of Endocrinology, Diabetes and Metabolism for this budget-friendly one-day symposium offering an update on common endocrinology and diabetes problems.

Course objectives

- Describe a full range of effective treatment options for the management of diabetes mellitus and obesity, including lifestyle modification.
- Review current ADA guidelines for medical therapy for patients with diabetes mellitus.
- Describe medical and lifestyle therapies for patients with obesity.
- Discuss how to interpret patterns in continuous glucose monitoring data.
- Explain the pathophysiology and management of non-alcoholic fatty liver disease.
- Recognize how to interpret confusing thyroid function test results.
- Summarize the endocrine-related causes of hypertension.
- Describe recent developments in osteoporosis management.
- Discuss how all the members of the healthcare team can participate to optimize patient outcomes.

Questions?

Contact VCU Health Continuing Education
ceinfo@vcuhealth.org | 804.828.3640

Course faculty

VCU Health faculty

Francesco Celi, MD, MSHc
Professor of Internal Medicine
Chair of the Division of Endocrinology, Diabetes and Metabolism

Robert Downs Jr., MD
Emeritus Professor of Internal Medicine
Division of Endocrinology, Diabetes and Metabolism

Trang Le, MD
Assistant Professor of Pediatrics and Internal Medicine
Division of Endocrinology, Diabetes and Metabolism

Ritu Madan, MD
Assistant Professor of Internal Medicine
Division of Endocrinology, Diabetes and Metabolism

Stéphanie Mayer, MD, MHS
Assistant Professor of Internal Medicine
Division of Endocrinology, Diabetes and Metabolism

Giao Phan, MD
Assistant Professor of Surgery
Division of Surgical Oncology

M. Shadab Siddiqui, MD
Assistant Professor of Medicine
Division of Gastroenterology, Hepatology and Nutrition

Christine Weber, RN
Diabetes Educator
Department of Internal Medicine

Edmond P. Wickham III, MD, MPH
Associate Professor of Internal Medicine and Pediatrics
Director of Fellowship Program in Endocrinology, Diabetes and Metabolism
Co-Director of Healthy Lifestyles Center

Sahzene Yavuz, MD
Assistant Professor of Internal Medicine
Division of Endocrinology, Diabetes and Metabolism

VCU School of Pharmacy faculty

Evan Sisson, PharmD, MSHA, BCACP, CDE, FADE
Professor of Pharmacotherapy and Outcomes Science

Disclosure

In compliance with ACCME standards, all planners and presenter relationships with commercial supporters have been resolved. All presenting faculty affirm that they will employ the best available evidence from all sources to support any clinical recommendations made in their presentations. If learners detect any commercial bias in any presentation, they should document their observations on the activity evaluation form.

Disclaimers

If special accommodations are needed, please contact us at the phone or email address above. VCU Health is an equal opportunity/affirmative action employer.

Minimum and maximum numbers for attendance at this event have been established, and we reserve the right to substitute speakers/topics, or cancel if necessary.

By attending this event you grant VCU Health Continuing Education the right at the event to record, film, photograph, or capture your likeness in any media and to distribute, use, or otherwise disseminate, in perpetuity, such media without any further approval or any payment to you.

Schedule | Saturday, October 27, 2018

A.M.

7:15 Check-in and registration
Continental breakfast available. Exhibits open.

8:00 Welcome announcements | Francesco Celi, MD

8:15 Overview of lifestyle modification for obesity and diabetes
Edward P. Wickham III, MD

Session I: Lifestyle interventions

9:00 Culinary medicine in the primary care setting

9:15 Exercise physiology and implementation of the recommendations

9:30 Behavioral modification

9:45 Lifestyle intervention panel discussion

10:00 Refreshment break
Exhibits open.

Session II: Beyond lifestyle interventions

10:15 ADA Guidelines for medical therapy

10:30 Obesogenic drugs | Stéphanie B. Mayer, MD

10:45 Medical therapy for obesity | Stéphanie B. Mayer, MD

11:00 Beyond lifestyle intervention panel discussion

Session III: Community initiative and continuous glucose monitoring

11:15 Community-based initiatives for management of diabetes

11:30 Continuous glucose monitoring pattern interpretation

11:45 Remote Monitoring | Trang Le, MD and Evan Sisson, PharmD

P.M.

12:00 Community initiative and continuous glucose monitoring panel discussion

12:15 Lunch with faculty
Exhibits open.

1:00 Non-alcoholic steatohepatitis | M. Shadab Siddiqui, MD

1:45 Interpretation of abnormal thyroid function tests | Francesco Celi, MD

2:45 Endocrine hypertension-incidentoma | Ritu Madan, MD and Giao Phan, MD

3:30 Osteoporosis and hyperparathyroidism | Giao Phan, MD and Sahzene, MD

4:15 Final comments | Francesco Celi, MD

4:30 Adjourn

Accreditation



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, VCU Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

VCU Health designates this live activity for a maximum of 7.5 **AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

VCU Health designates this live activity for a maximum of 7.5 ANCC contact hours.



This activity provides 7.5 contact hours (.75 CEUs) of continuing education credit. ACPE Universal Activity Number (UAN): JA4008237-0000-20-014-L01-P.

NOTE FOR PHARMACISTS: Upon closing of the online evaluation, VCU Health Continuing Education will upload the pharmacy-related continuing education information to CPE Monitor within 60 days. Per ACPE rules, VCU Health Continuing Education does not have access nor the ability to upload credits requested after the evaluation closes. It is the responsibility of the pharmacist or pharmacy technician to provide the correct information [NABP ePID and DOB (in MMDD format)] in order to receive credit for participating in a CE activity.



IPCE CREDIT™

This activity was planned by and for the healthcare team, and learners will receive 7.5 Interprofessional Continuing Education (IPCE) credit for learning and change.

Register online at vcu.cloud-cme.com/PETopics