



Promoting Student Health: Engaging the Primary Care Practice and School Nurses

A FREE CME EVENT

Monday, February 18, 2019
7:15 a.m. – 3 p.m.

Thomas R. Fulghum Conference Center
13900 Hull Street Road | Midlothian, Virginia



Program Schedule

AM

7:15 **Breakfast with Exhibitors**

8 **Concussion Care in Student-Athletes: A Clinical and Regulatory Update and How Virginia Schools are Responding**

Joel Brenner, MD

Deb Johnson, EdS

Shane Caswell, PhD

Tracy White, MA, BSN, RN

9:15 **Break**

9:30 **Concussion Care continued**

10 **Panel Discussion:**

Joel Brenner, MD

Jack Murphy, student

Tracy White, MA, BSN, RN

Emily Wells, student

Deb Johnson, EdS

Michelle Myer-Bann, parent

Shane Caswell, PhD

Mike Puglia, ATC

10:30 **Managing Anxiety and Depression in the Classroom**

Dorothy O'Keefe, MD

11:30 **Lunch with Exhibitors**

PM

12:30 **Food Allergy Management in School: Facts vs. Fiction**

Anne Marie Irani, MD

1:30 **Break**

1:45 **Self-Care and Wellness: Practical Perspectives**

Jo Lynne Robins, PhD

3 **Adjourn**

Children's Hospital of Richmond at VCU, Virginia Chapter - American Academy of Pediatrics, Virginia Department of Health and Virginia Department of Education partner for a day of education focusing on collaborative efforts of pediatric primary care providers and school nurses.

Audience

This course is designed for pediatric primary care providers (including physicians, nurse practitioners, physician assistants and nurses) and school nurses.

Course Description

Participants will be able to:

1. Recognize signs and symptoms of concussions and identify current treatment recommendations.
2. Identify statewide Virginia Department of Education concussion protocol for schools.
3. Recognize signs and symptoms of anxiety and depression in school-aged children/youth, and describe school supports for treatment.
4. Recognize implications of food allergies and how to utilize referral sources.
5. Recognize the need for self-care, and explore care/mindfulness options for the health care provider.

Program Faculty

Joel Brenner, MD

Medical Director, Sports Medicine and Adolescent Medicine
Children's Hospital of the King's Daughters

Deb Johnson, EdS and Tracy White, MA, BSN, RN

Virginia Department of Education

Shane Caswell, PhD, ATC, CSCS

Professor, Athletic Training
George Mason University

Dorothy O'Keefe, MD

Associate Professor, Child and Adolescent Psychiatry
Virginia Treatment Center for Children
Children's Hospital of Richmond at VCU

Anne Marie Irani, MD

Professor, Allergy and Immunology
Children's Hospital of Richmond at VCU

Jo Lynne Robins, PhD, RN, ANP-BC, AHN-C, FAANP

Associate Professor, VCU School of Nursing
Director, PhD Program

Mike Puglia, ATC

Athletic Trainer
Chesterfield County Public Schools

Jack Murphy and Emily Wells

Students

Michelle Meyer-Bann

Parent

Accreditation and Credit

VCU Health Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

VCU Health Continuing Medical Education designates this live activity for a maximum of **5.5 AMA PRA Category 1 Credits™**.

VCU Health Continuing Medical Education awards **5.5** hours of participation (equivalent to **AMA PRA Category 1 Credits™**) to each non-physician participant who successfully completes this educational activity.

Program Registration

This continuing education event is FREE, but registration is required.

Physicians and other primary care providers wishing to acquire CME Category 1 credit, register online at:

vcu.cloud-cme.com/StudentHealth

School nurses and other non-physicians, register online at:

vcuhealth.org/promoting-student-health

Questions?

Contact Sherry Black at sherry.w.black@vcuhealth.org.

Many thanks to Chesterfield County Schools for their generosity in hosting this event at Thomas Fulghum Center, and to all our exhibitors for helping to make the event FREE to attendees!