VCU Institute for Women's Health

Women's Health 2019

June 28-30, 2019

Hilton Norfolk The Main | 100 East Main Street, Norfolk, Virginia

Register | vcu.cloud-cme.com/wh2019

Presented by the VCU Institute for Women's Health and VCU Health Continuing Medical Education, in collaboration with

Journal of Women's Health

NIH National Institutes of Health
Office of Research on Women's Health

FDA U.S. Food & Drug Administration

Academy of Women's Health
best practices for better outcomes

Society for Women's Health Research

What you want in a women's health conference

- ✓ Clinically relevant interdisciplinary women's health topics
- ✓ Outstanding high-caliber faculty
- ✓ Evidence-based practical information
- ✓ Integrated networking time
- ✓ A fabulous waterside location

Women's Health 2019 has it all and more!

Women's Health 2019 is designed with you in mind. We know what you want in a women's health conference, and have put it all together for you in one exciting weekend, filled with engaging lectures, discussions, networking receptions, old friends, and new connections, in the heart of coastal Virginia. We've carefully crafted an agenda catering to the learning needs of primary care physicians, nurse practitioners, nurses, physician assistants and other healthcare professionals focused on women's health in family practice, internal medicine, and obstetrics and gynecology.

Join us this summer in Norfolk, Virginia, the top spot in Travel + Leisure magazine's "America's Favorite Cities" for 2018 and one of the "50 Best Places to Travel in The World" for 2017! In addition to to the conference, you'll have 144 miles of shoreline, attractions, chef-owned restaurants, world-class shopping, and a walkable downtown waterfront area to enjoy.

Course Directors

Chair | Susan G. Kornstein, MD
Professor of Psychiatry and Obstetrics and Gynecology
Executive Director, Institute for Women's Health
Virginia Commonwealth University
Editor-in-Chief, Journal of Women's Health

Co-Chair | Lisa Ellis, MD, MACP
Executive Director, Patient-Provider Experience
Medical College of Virginia Physicians
Associate Professor of Internal Medicine and Obstetrics and Gynecology
Virginia Commonwealth University

Scientific Program Chair | Wendy S. Klein, MD, MACP
Associate Professor Emeritus of Internal Medicine & Obstetrics and Gynecology
School of Medicine and Institute for Women's Health
Virginia Commonwealth University

Ellen Derry, MA, RN-BC, NEA-BC
Director, Education and Professional Development
VCU Health

Christine Isaacs, MD
Professor
General Obstetrics and Gynecology, Academic Specialist Division Chief,
Medical Director of Midwifery Services
Virginia Commonwealth University

Jo Lynne Robins, PhD, RN, ANP-BC, CHTP, AHN-C
Associate Professor
VCU School of Nursing
Adult Health and Nursing Systems
Director, PhD Program
Virginia Commonwealth University

Patricia Selig, PhD, FNP-BC
Director, Center for Advanced Practice
VCU Health

Course Objectives

1. Describe recent advances in screening and treatment on a variety of topics related to women's health.
2. Explain current data that will facilitate the prevention, diagnosis and management of disorders and diseases in women.
3. Identify evidence-based approaches to address the management of a variety of strategies for treatment.

Register Now! vcu.cloud-cme.com/wh2019

Schedule | June 28-30, 2019

Friday, June 28, 2019

MORNING

6:30 **Conference Registration & Exhibits Open**
6:45 **Breakfast Symposium** *(not for credit)*
7:45 **Welcome**
Susan G. Kornstein, MD
8:00 **Hypertension Before, During & After Pregnancy**
Phoebe Ashley, MD
8:40 **Treating Sexual Dysfunction: Do Ask, Do Tell**
Sheryl A. Kingsberg, PhD
9:20 **Thyroid Disorders in Women: Clinical Pearls**
David F. Gardner, MD
10:00 **Break with Posters and Exhibitors**
10:30 **Weight and Women: What Works**
Susan Wolver, MD
11:15 **Pain Management in Women: Tips for the Practitioner**
Shaheen Lakhan, MD
12:00 **Lunch Symposium** *(Not for credit)*

AFTERNOON

1:30 **Trudy Bush Lecture | Estrogen: Does Route of Delivery Matter?**
Melissa McNeil, MD
2:15 **Liver Disease in Women: Advances in Management**
Carla Brady, MD
3:00 **Break with Posters and Exhibitors**
3:30 **Best Practices in Transgender Primary Care**
Lori Sweeney, MD
4:15 **Managing Sexually Transmitted Infections in 2019**
Alison O. Marshall, RN
5:00 **Adjourn**

Saturday, June 29, 2019

MORNING

7:00 **Breakfast Symposium | Gender Inequity: From Bias to Opportunity**
Molly Carnes, MD
8:15 **Contraception: Old Myths, New Approaches**
Frances Casey, MD
9:00 **Diabetes in Women: Which Drugs, Which Patients?**
David Lieb, MD
9:45 **Ovarian Cancer: Improving Outcomes**
Ginger Gardner, MD
10:25 **Break with Posters and Exhibitors**
10:45 **Emerging Concepts in Bone Health**
Robert A. Adler, MD
11:30 **Trauma Informed Care of Women**
John Richardson-Lauve, LCSW
12:15 **Lunch Symposium** *(Not for credit)*

AFTERNOON

1:45 **Vivian Pinn Women's Health Research Keynote | CVD Risk Factors Unique to Women**
Kathryn Rexrode, MD
2:30 **Urine Trouble: A New Look at Urinary Tract Infections**
Tanaka Dune, MD
3:15 **Break with Posters and Exhibitors**
3:35 **Sports Medicine for Women: Challenges in Care**
Miho J. Tanaka, MD
4:15 **Surveillance and Symptom Management in Breast Cancer Survivors**
Mary Helen Hackney, MD
5:30 **Women's Health Awards Reception with Posters**

Sunday, June 30, 2019

MORNING

7:00 **Breakfast Symposium | Women's Health Policy**
Susan Wood, PhD
8:30 **Hemorrhoids: Pregnancy and Beyond**
Stephanie Goldberg, MD
9:10 **News You Can Use: Recent Women's Health Studies That Have Changed My Practice**
Melissa McNeil, MD
9:50 **Insights and Interventions in Caring for our Frail Older Women**
Lana Sargent, PhD
10:30 **Break with Exhibitors**
11:00 **HPV Risk & Cervical Cancer Screening: Making Sense of the Guidelines**
Nicole Karjane, MD
11:45 **Skin Deep: Common Dermatologic Dilemmas in Women**
Kimberly Salkey, MD
12:30 **Adjourn**

Networking Receptions

In order to provide you with the maximum amount of networking, this year we will be hosting two receptions during the conference. *Eat, drink and visit with old colleagues and new connections in a relaxed environment!*

Thursday Evening Welcome Reception Dinner Cruise

Join us aboard the Virginia Elite private yacht as we sail along the Elizabeth River and celebrate the start of Women's Health 2019! You'll be treated to spectacular views of Norfolk, a fabulous dinner, and an open bar.

This intimate casual gathering is the perfect opportunity to relax, network with your peers, and meet many of our expert faculty members presenting at the conference.

A limited number of tickets are available for this activity. Register early to secure your seat!

Women's Health Awards Reception

Women's Health 2019 is all about education, networking, and honoring excellence in the field of women's health. This year we will be honoring the three leaders in our field, noted below, at the Saturday evening Awards Reception, as well as announcing the winning abstract authors.

All are welcome to attend this complimentary event!

Kathryn Rexrode, MD | Vivian Pinn Award for Research in Women's Health

Molly Carnes, MD | Bernadine Healy Award for Visionary Leadership in Women's Health

Susan Wood, PhD | Award for Public Policy & Advocacy in Women's Health

Faculty

Robert A. Adler, MD
Professor, Department of Internal Medicine
Virginia Commonwealth University
Chief, Endocrinology and Metabolism
McGuire Veterans Affairs Medical Center

Phoebe A. Ashley, MD, FACC
Assistant Clinical Professor, Department of Internal Medicine
Division of Cardiovascular Medicine
Virginia Commonwealth University

Carla Brady, MD, MHS, FAASLD
Associate Professor of Medicine
Division of Gastroenterology
Duke University Medical Center

Molly Carnes, MD, MS
Jean Manchester Biddick Professor of Women's Health Research
Director, Center for Women's Health Research, School of Medicine and Public Health
Co-Director, Women in Science and Engineering Leadership Institute (WISELI)
College of Engineering
University of Wisconsin

Frances Casey, MD, MPH
Assistant Professor
Director of Family Planning Services
Department of Obstetrics and Gynecology
Virginia Commonwealth University

Tanaka Dune, MD, FACOG, FPMRS
Assistant Professor of Urology and Obstetrics and Gynecology
Center for Female Pelvic Health
Weill Cornell Medicine

Ginger Gardner, MD, FACOG
Vice Chair of Hospital Operations, Department of Surgery
Physician Lead, Gynecology Disease Management Team Alliance
Memorial Sloan Kettering Cancer Center

David F. Gardner, MD
Professor Emeritus, Department of Internal Medicine
Division of Endocrinology, Diabetes and Metabolism
Virginia Commonwealth University

Stephanie Goldberg, MD
Associate Professor of Surgery
Acting Internship Director
Medical Director, Division of Acute Care Surgical Services Community Practice
Virginia Commonwealth University

Mary Helen Hackney, MD, MS, FACP
Associate Professor, Department of Internal Medicine
Director of Quality Improvement, Division of Hematology
VCU Massey Cancer Center
Virginia Commonwealth University

Nicole Karjane, MD
Professor
Residency Program Director
Department of Obstetrics and Gynecology
Virginia Commonwealth University

Sheryl A. Kingsberg, PhD
Chief, Division of Behavioral Medicine
Department of OB/GYN
MacDonald Women's Hospital
University Hospitals Cleveland Medical Center
Professor, Departments of Reproductive Biology and Psychiatry
Case Western Reserve University School of Medicine
Immediate Past President, North American Menopause Society

Shaheen Lakhan, MD, PhD, MEd, MS, FAAN
Adjunct Professor, Neuroscience, Virginia Tech
Executive Director, Global Neuroscience Initiative Foundation
Chief, Pain Management, Carilion Clinic

David Lieb, MD, FACE, FACP
Associate Professor of Internal Medicine
Program Director, Endocrinology Fellowship Program
Eastern Virginia Medical School

Alison O. Marshall, RN, MSN, FNP-C
Assistant Director of the Family Nurse Practitioner Program and Clinical Instructor
Boston College Connell School of Nursing
Faculty, Sylvie Ratelle STD/HIV Prevention Center of New England
Boston, MA

Melissa A. McNeil, MD, MPH, MACP
Professor of Medicine and Obstetrics, Gynecology, and Reproductive Sciences
Chief, Section of Women's Health
Vice Chair of Education, Department of Medicine
University of Pittsburgh Medical Center
Pittsburgh, PA

Kathryn Rexrode, MD
Chief, Division of Women's Health, Department of Medicine
Associate Professor of Medicine, Harvard Medical School
Brigham and Women's Hospital
Boston, MA

John Richardson-Lauve, LCSW
Director of Mental Health
Lead Trauma and Resilience Educator
ChildSavers
Richmond, VA

Kimberly Salkey, MD
Associate Professor, Department of Dermatology
Virginia Commonwealth University
Richmond, VA

Lana Sargent, PhD, MSN, RN, FNP-C, GNP-BC
Assistant Professor, Department of Adult Health and Nursing Systems
School of Nursing
Virginia Commonwealth University

Lori Sweeney, MD
Associate Professor of Internal Medicine
Chief Physician for Quality Management
McGuire Veterans Affairs Medical Center

Miho J. Tanaka, MD
Director, Women's Sports Medicine Program
Associate Professor of Orthopaedic Surgery
Johns Hopkins Medicine

Susan Wolver, MD, FACP
Associate Professor
Diplomate of the American Board of Obesity Medicine
Department of Internal Medicine
Virginia Commonwealth University

Susan Wood, PhD
Professor, Department of Health Policy and Management
Director, Jacobs Institute of Women's Health
The George Washington University
Milken Institute School of Public Health

Call for Abstracts

Accepted abstracts will be published online in the Journal of Women's Health.

vcu.cloud-cme.com/wh2019

Register online | vcu.cloud-cme.com/wh2019

Registration | Online at vcu.cloud-cme.com/wh2019

Registration Fees

Early Registration ends March 15, 2019 | Registration is non-refundable after May 28, 2019

Physician/PhD/Policymaker/Industry	$625	**Early Registration**	**$575**
Nurse/Allied Health Professional	$525	**Early Registration**	**$475**
Student/Intern/Resident	$325	**Early Registration**	**$275**
VCU Physician	$575	**Early Registration**	**$525**
VCU Nurse/Allied Health Professional	$475	**Early Registration**	**$425**
VCU Student/Intern/Resident	$275	**Early Registration**	**$225**

Syllabus (*Free digital syllabus available to download)* $60 Printed $25 USB

Welcome Reception Dinner Cruise *(limited availability)* $75

Cancellation Policy

Registration fee, less a $60.00 non-refundable administrative fee, will be refunded only if written notice of cancellation is received via email to cmeinfo@vcuhealth.org **on or before May 28, 2019**. There will be no refunds after that date.

Lodging

Conference Hotel | Hilton Norfolk The Main 100 East Main Street, Norfolk, VA 23510

Rates | $179.00 per night for standard rooms with single or double occupancy, plus prevailing taxes (currently 15%), plus $2.00 per room per night occupancy tax. For triple and quadruple occupancy, there is a $20.00 additional charge per adult per room per night, with maximum occupancy of four (4) persons per room. Discounted room rate is available three days prior to and three days following the conference (June 24 through July 2).

Reserve online | Reserve your room at https://tinyurl.com/wh2019hotel

Reserve by phone | Call 757-763-6200
Identify yourself as attending "Women's Health 2019" to receive the reduced rate.

Hotel conference rate reservation cutoff | May 27, 2019

Accreditation and Educational Credit

Physicians
VCU Health Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

VCU Health Continuing Medical Education designates this live activity for a maximum of 18.00 ***AMA PRA Category 1 Credits™***. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This Live activity, Women's Health 2019, with a beginning date of 06/28/2019, has been reviewed and is acceptable for up to 18.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

VCU Health Continuing Medical Education awards 18.00 hours of participation (equivalent to ***AMA PRA Category 1 Credits™***) to each non-physician participant who successfully completes this educational activity.

Nurses
This program will provide up to 18.0 contact hours which includes up to 8.7 pharmacotherapeutic contact hours. VCU Health is approved as a provider of continuing nursing education by the Virginia Nurses Association, an accredited approver by the American Nurses Credentialing Center's (ANCC) Commission on Accreditation.

Disclosure Statement
In compliance with ACCME and ANCC standards, all planner and presenter relationships with commercial supporters have been resolved according to VCU's Policy on Conflict of Interest. All presenting faculty affirm that they will employ the best available evidence from all sources to support any clinical recommendations made in their presentations. If learners detect any commercial bias in any presentation, they should document their observations in the activity evaluation.

Questions and Information

VCU Health Continuing Medical Education | Box 980048 | Richmond, VA 23298
804.828.3640 or 800.413.2872 | cmeinfo@vcuhealth.org

If special accommodations are needed, please contact us at the phone or email address above.
VCU is an equal opportunity/affirmative action employer.

Minimum and maximum numbers for attendance at this event have been established, and we reserve the right to substitute speakers/topics, or cancel if necessary.

By attending this event you grant VCU Health CME the right at the event to record, film, photograph, or capture your likeness in any media and to distribute, broadcast, use, or otherwise disseminate, in perpetuity, such media without any further approval from or any payment to you.

Mermaid, waterside, and harbor boats images provided by www.visitnorfolk.com. Virginia Elite image provided by Spirit Cruises.

MCA 11179